

The Career Portal

A NEWSLETTER SUPPORTING THE CAREER DEVELOPMENT OF SUNY ORANGE STUDENTS

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Fall 2010

WELCOME BACK to the New Academic Year!

The Office of Career & Internship Services is happy to welcome everyone back to campus.

As you make your way through the George Shepard Student Center, stop by our office, room #227, and find out what our office can do to help you advance your career development. It is a little known fact that students who take advantage of all the services the career center has to offer secure better jobs and do so in a more expeditious manner. It is the primary place that companies and organizations are going to use in looking for students, and our trained staff is able to help you create your first resume, or refine the one you already have. We maintain close connections with the employer

community and are able to provide you with internships, job shadowing experiences and informational interviews. Not sure what those are? Just another reason to stop by our office.

See you soon,
Your Career Services Team



THE OFFICE OF CAREER & INTERNSHIP SERVICES
GEORGE F. SHEPARD STUDENT CENTER
ROOM 227



SUNY Orange Office of Career and Internship Services

www.sunyorange.edu/careers
careers@sunyorange.edu
(845) 341-4444

Middletown: Room #227
George F. Shepard Student Center
Monday, Tuesday, Thursday, Friday:
8:30 a.m.-5 p.m.;
Wednesday: 8:30 a.m.-7:30 p.m.

Newburgh: Please call for hours

Office of Career & Internship Services Helps With the Career Decision Making Process

Paweennut Sukarome or PW, as she likes to be called, is an international student from Thailand who just started her second year at SUNY Orange.



PAWEENNUT SUKAROME MEETS WITH PETRA WEGE-BEERS AT THE OFFICE OF CAREER & INTERNSHIP SERVICES

PW connected with the Office of Career & Internship Services during her first semester at the College when she enrolled in a one credit Career Planning class taught by Petra Wege-Beers, Director of the Career Services Office. At the time, PW was an

International Studies major interested in becoming a diplomat. Through several career assessments and career exploration activities, PW came to know herself better, got a better feel for her interests, values, skills and abilities, and learned what work environments would suit her personality best. She came to realize that she enjoys, and is good at,

math and science. She recognizes that stability and job security are important to her, and she is willing to work hard in order to pursue a career that will compensate her well. PW is now considering a career as a Pharmacist, a choice that seems to be better aligned with her personality, interests, values, skills and abilities.

In order to learn more about the pharmacy profession, the Office of Career & Internship Services arranged for PW to speak with a pharmacist at the Rite Aid pharmacy on Dolson Avenue and with Dennis Greenwald, former SUNY Orange Foundation Board member and owner/operator of Accucare.

Yes, PW is well on her way to making an informed career decision using the resources made available to her by the Office of Career & Internship Services. We invite all SUNY Orange students to come and see how we can help you get started on a successful career.



DILLON BALLINGER AND DAVID HIGGINS OF LANC AND TULLY ENGINEERING & SURVEYING, P.C.

Architects in the Field

DILLON DESCRIBED HIS EXPERIENCE AS "INVALUABLE."

This past semester has been certainly a very busy one for two of our interns in the Architectural Technology program here at SUNY Orange, Dillon Ballinger and Rafael

Hernandez. Both students have successfully completed their internship, their degree as an Associate in Applied Science, and both wish to continue their education in the vast field of Architecture at a four-year university in the Boston area.

Dillon Ballinger had the privilege to intern at Lanc and Tully Engineering and Surveying, P.C. in Goshen, New York. Established in 1985, Lanc and Tully is a firm that employs thirty people and provides municipal engineering services to the towns of Hamptonburgh, Chester, Mamakating, and Warwarsing, the villages of Monroe, Montgomery, and Harriman, and the city of Beacon. Lanc and Tully also employs two SUNY Orange graduates, Michael King and John Callahan. Dillon

described his experience as "invaluable." The internship allowed him to develop his critical-thinking skills. By doing what he learned here at the college, he was able to practice the skills that are necessary for his profession in an efficient setting. He was able to work with Auto CAD Land Desktop, went out to survey with an experienced surveyor, had the opportunity to learn construction administration, and worked with a professional engineer. He believes that the overall internship experience helped to prepare him for a career and gave him realistic insight into the real world of being a professional in the field of architecture. Therefore, the internship had reaffirmed his opinion to become an architect as his career choice for life. Lastly, he described the time spent at Lanc and Tully as "priceless."

The Office of Career and Internship Services wishes Dillon, Rafael, and all our interns much success in the future. If you are interested in an internship, please contact us.

Featured Employer: POMARICO DESIGN STUDIO



Each year there are more than one million new business start-ups in the US, and a most recent Department of Labor statistic assures us that 79% of U.S. businesses employ less than 10 people. The entrepreneurial spirit is alive and well in America. One such entrepreneur is architect Michael A. Pomarico, a graduate of SUNY Orange's Construction Technology Program and principal owner of Pomarico Design Studio, located in Beacon, NY. Pomarico Studio employs five people and is one of the small businesses that drives America's economic engine.

This past spring Rafael Hernandez, architecture student at SUNY Orange, was able to secure an internship at PDS. When PDS hires interns, they look for critical thinkers: students who are professional, ambitious, and eager to learn. Along with at least one year of CAD experience, PDS requires a minimum overall GPA of 3.2 and more specifically, in architectural studies. When hiring full-time employees, they look for professionally motivated people who have something to contribute to the firm. By having a niche, it puts that person one step ahead of the rest and his/her chances of being hired are greater.

Brett Huttman, an associate staff architect at PDS, offers the following

advice to architecture students pursuing a career in the architectural field: seek employment in, or engagement with, an architectural design firm as soon as possible. Classroom learning is a necessity, but there is no substitute for real-world, hands-on training. Second, perform research on the assembly, the products, the style, the material, and so on. The more you



RAPHAEL HERNANDEZ WITH
MICHAEL A. POMARICO AND
BRETT HUTTMAN OF
POMARICO DESIGN STUDIO

know about the work you are doing, the more confidence you can instill in yourself, and in your superiors. Third, think 3-dimensionally. Every line that you put on a drawing represents a 3-dimensional "piece of the puzzle." And, finally, ask yourself the question, "If I were the person building this project, what information

would I need to do it?" You'll find that when you have to answer this question for yourself, you will have identified the critical information that ought to be included in your drawings, and you will begin to understand how things "really get put together." Oftentimes, interns miss the most basic critical information required on drawings, "because they can't see the trees for the forest."

The Office of Career & Internship Services works with many successful employers in our community. Please visit our office and seek out our resources available to all students and alumni.

CAREER ADVICE FROM YOUR CAREER SERVICES TEAM:

Be actively engaged in your career development

According to NACE (National Association for Colleges & Employers), students who utilize their career services office on campus are more likely to find jobs sooner after graduation, are compensated at a higher rate than their peers, and are generally more satisfied with their place of work. So don't waste another minute and stop by our office in the George Shepard Building, room #227.

Petra Wege-Beers, Director

Getting ready for the workplace

Being ready for the workplace is as important as earning your degree. Seek the advice of those connected and experienced in your field of work.

Brenda Capuano, Internship Developer and Associate Professor of Business

Job Searching - don't wait till the last minute

Plan on getting work sometime in the future? Do not wait until the last minute before an interview to throw together your resume, cover letter, and list of references. While you are still a student is the best time to learn resume format and obtain cover letter advice from the folks who can help you. Visit our office for free information and attend workshops on campus.

Linda Newman, Career Development Specialist

When applying for a position, if you are given an application to fill out....

- Read the application completely before starting to fill it out.
- Be sure to answer all questions as fully as possible. Leave no blank spaces. If the questions do not apply to you, draw a line or write N/A.
- Sign and date the application.
- Reread the application to make sure you have not forgotten anything.

Irma O'Dowd, Clerk II

Upcoming Events

Career Webinar Series

What you don't know will cost you interviews and jobs.

The Career Center provides access to top career gurus. Come and pick up the latest information on proven job search techniques. Attend one presentation or all.

Oct. 20	Diane Darling	Networking
Oct. 27	Wendy Enelow	Resumes
Nov. 3	Natascha Saunders	Facebook
Nov. 10	Jason Alba	Linkedin
Nov. 17	William Aruda	Personal Branding
Dec. 1s	Donald Asher	Job Search
Dec. 8	Roz Userhoff	Job Retention

Where: Career Center, Room 227 George Shepard Bldg.
Time: 3-4 p.m.

Career Workshops

Career workshops are available for your job search at both Middletown and Newburgh campuses.

"Positioning Yourself For That 1st Professional Job"

Tues., November 16 – Newburgh

Thurs., November 18 – Middletown

"How To Network Professionally Online Using Linked IN!"

Tues., November 30 – Newburgh

Thurs., December 2 - Middletown

"Business Etiquette – How To Make A Good Impression"

Tues., February 15 – Newburgh

Thurs., February 17 – Middletown

All Career Workshops are held at 11 a.m. and are open to all students, alumni, and community members at no charge.

For detailed information on the above workshops, please contact us at (845) 341-4444 or check our website at:

www.sunyorange.edu/careers/workshops.shtml.

Career Café

Thursday, 10/28 from 1 - 3 p.m.
Fireplace Lounge, George Shepard Center

Take a break from your studies and enjoy some pastries, coffee and tea.

Meet the Career Services staff and learn about the latest job market trends.

CAREER BLUNDERS

The three second handshake at the beginning of an interview is your first chance to make a great impression. Avoid the following:

- The Limp Hand (or "dead fish"): Gives the impression of disinterest or weakness.
- The Tips of the Fingers: Shows lack of ability to engage.
- The Arm Pump: Sincerity is questionable, much like an overly aggressive salesman.

Even if you are an experienced professional, you must never assume you have avoided these pitfalls. Your handshake can tell more about you than you know.

JOB FAIRS COMING IN 2011

Federal Job Fair – March 2, 2 - 6 p.m.

Vassar College, Poughkeepsie, NY

SUNY Orange Job Fair – April 14, 1 - 5 p.m.

Middletown Campus

115 South Street, Middletown, NY