DATE:Click here to enter a date. Client. Initials: AgeClick here to enter text. RM#

Student:Click here to enter text. Allergies:Click here to enter text. Admitting Dx.Click here to enter text.

EDC:#Click here to enter text. Gravida# Click here to enter text. Para:#Click here to enter text. PP day #Click here to enter text.

Status: Hepatitis  Rubella HIV GBS Term  Post-term Pre-term Gestation

C**heck your assessment data. When you see \*\* you need to document in a narrative note for the patient’s chart further details of the assessment or problem identified, the treatment and the patient’s response to that treatment.**

**Physiologic needs: Oxygenation Glasgow Coma Scale (GCS)**

**Neurological assessment (3-8 Coma severe TBI) (9-12 mod. Disability TBI) (13-15 mild TBI)**

|  |  |  |
| --- | --- | --- |
| **Eye Opening Response** | Spontaneous--open with blinking at baseline | 4 points |
| Opens to verbal command, speech, or shout | 3 points |
| Opens to pain, not applied to face | 2 points |
| None | 1 point |
| **Verbal Response** | Oriented | 5 points |
| Confused conversation, but able to answer questions | 4 point s |
| Inappropriate responses, words discernible | 3 points |
| Incomprehensible speech | 2 points |
| None | 1 point |
| **Motor Response**  Usually record best arm response | Obeys commands for movement | 6 points |
| Purposeful movement to painful stimulus | 5 points |
| Withdraws from pain | 4 points |
| Abnormal (spastic) flexion, decorticate posture | 3 points |
| Extensor (rigid) response, decerebrate posture | 2 points |
| None | 1 point |

C:\Users\Alice Coburn\Desktop\Picture for assessment sheet\pupil-dilation.gif

|  |  |
| --- | --- |
| **Pupil Reaction** | B-brisk Equal  Unequal  S-Sluggish NR - no reaction  C-eye closed by swelling |
| **Pupil size**  **(mm)** | **Right** Click here to enter text.  **Left** Click here to enter text. |
| **Mentation** | 4-Alert  3-lethargic  2-Stuporous  1-Comatose |
| **Emotional state** | CA-Calm  AN-Anxious  CO-Combative  AG-agitated |

**Total of each section GCS Total:** Click here to enter text.

**2.) Cardio Vascular Assessment**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Temp site – record with temp measurement**  O-oral  R-rectal  A-axillary  T-Tympanic | | **BP SITE – record where taken**  RUA-right upper arm  LUA –left upper arm  RLA-right lower arm  LLA-left lower arm  RLL-right lower leg  LLL-left lower leg  **PULSE SITE – record where taken**  R-Radial B-Brachial F-femoral  A-Apical O-other (location) | | | **SKIN COLOR**  N-Normal for ethnicity  F-Flushed  P-Pale  C-Cyanotic  M-Mottled  J-Jaundice | **SKIN TEMP**  H-Hot  W-warm  C-Cool  O-Cold | **SKIN PALPATION**  D-Dry  M-Moist  C-Clammy/Diaphoretic |
| **TIME** | **Temp** | **BP/Site** | **Pulse rate/site** | | **Skin color** | **Skin Temp** | **Skin palpation** |
|  |  |  |  | |  |  |  |
|  |  |  |  | |  |  |  |
| **PULSE SITES – record which pulse sites assessed for pulse strength on each extremity**  **Upper** : R-radial U-ulnar B-brachial  **Lower**: F-femoral P-popliteal  DP-dorsalis pedis PT-posterior tibial | | | | **PULSE STRENGTH**  3+Bounding  2+Normal  1+ Weak  D-Doppler  A-Absent | **EDEMA**  0-None **Location**  TR-Trace H-Hand  1+ 3+ A-Arm  2+ 4+ F-Foot  G-Generalized A-Ankle  W-\*\* Skin Weeping T-Thigh  \*\*Requires further documentation | | **CAPILLARY REFILL**  B- Brisk (< 3 sec)  M- Moderate (>3 sec, <5 sec)  S – Sluggish (>5 sec) |
| **Right upper** | | | | Click here to enter text. | Click here to enter text. | | Click here to enter text. |
| **Left upper** | | | | Click here to enter text. | Click here to enter text. | | Click here to enter text. |
| **Right lower** | | | | Click here to enter text. | Click here to enter text. | | Click here to enter text. |
| **Left lower** | | | | Click here to enter text. | Click here to enter text. | | Click here to enter text. |

**3.) Pulmonary Assessment**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **AIRWAY CODE**  N-No Artificial Airway  TR-Tracheostomy  L-Laryngectomy  ETT – Endotracheal tube  **Trach/ET Tube size:** Click here to enter text.  **ET tube placement**  Click here to enter text.**cm @ lip line** | | | **OXYGEN THERAPY:**  NV-Non-Invasive ventilator  TC-Trach Collar  NC-Nasal Cannula  VM-Venti-Mask  NRB-Non-Rebreather Mask  RA-Room Air  O-Other( requires comment)  V – Vent (If vent complete below)  **Mode** Click here to enter text. **Rate:** Click here to enter text.  **Tidal volume** Click here to enter text.  **Peep/pressure support** Click here to enter text. | | | **SECRETIONS:**  S-Small W-White  M-Moderate Y-Yellow  C-Copious G-Green  TN-Thin T-Tan  TK-Thick F-Foul BT-Blood-Tinged N-None | | **Breath Sounds\*\***  CL-Clear  CR Crackles  W-Wheeze  R-Rhonchi  D-Diminished  **\*\*** Note required to describe breath sounds if other than clear | **INTERVENTION** CPT-Chest Physiotherapy  IS-Incentive Spirometry  S-Suction  TC - Trach care (requires note) | **Chest Tube**  **Lt  RT** Chest tube to suction:  No  Yes  Click here to enter text.cm H20  Drainage:  Color:Click here to enter text. |
| **TIME** | **RR** | **Air-way** | **O2 therapy** | **O2 Flow** | **Pulse Ox** | **Cough** | **Secretions** | **Breath Sounds** | **Intervention** | **Hx. of SMOKING** |
|  |  |  |  |  |  | No  Yes |  |  |  | No  Yes |
|  |  |  |  |  |  | No  Yes |  |  |  | Packs per dayClick here to enter text. |

**4.) Fluid and Electrolytes Assessment**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Skin Turgor: MUCOUS MEMBRANES**  N-Normal TD-Tongue Dry  P-Poor LD- Lips Dry/Cracked  TM – Tongue Moist  LM - Lips Moist | | | **Fluid Intake**  Thirst-Presence of thirst  Yes No  Nausea/ Vomiting\*\*  Yes No  NPO Yes No  Fluid Intake previous 24 hrs. Click here to enter text.  \*\*Requires note | | | | **Fluid Restriction Previous 24 hrs.**  Yes  No  **Fluid Restriction amt. for 24 hrs. and distribution every shift.**  **Total mL** Click here to enter text.  **Day shift** Click here to enter text.  **Night shift** Click here to enter text. | | **IV Infusion**  **Yes  No**  **Site Flush**  **Yes  No**  **IV D/C \*\***  **Yes  No**  **\*\* Note needed**  **Continuous medication drip\*\***  **Yes  No**  **\*\* Note needed** |
| **Time** | **Skin Turgor** | **Mucous Membranes** | | **Fluid Intake for shift** | **Fluid allowed for shift** | **IV site location/ Condition/**  **Pain\*\* Note needed** | | **IV Solution and rate** | |
|  |  |  | |  |  |  | |  | |
|  |  |  | |  |  |  | |  | |

**5.)** **Nutrition Assessment**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Ordered Nutrition**  R-Regular T-TPN/PPN  S-soft  P-Pureed  CL-Clear liquid  NPO-Nothing by mouth  E-Enteral feeding (type)  O-other (specify) | | **Dentures**  U-Upper  L- Lower  B- Both  O-Own  N-None  p-Partial | **Nutrition Problems**  E-Eating  S-Swallowing  H-Heartburn  T-Taste  C-chewing  N-None | **Change in Weight**  Yes\*\*  No  \*\* Note needed | Other information if needed:  **Click here to enter text.** | | **Dietary Supplement type**  Click here to enter text. |
| **% of meal consumed** | **Ordered nutrition** | **Dentures** | **P**roblems | **Weight** | **Height** | **Dietary Supplement**  **(Amount taken)** | |
|  |  |  |  |  |  |  | |

**6.) Elimination Assessment: 6a. GI Assessment**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ABDOMEN INSPECTION:**  F-Flat  D-Distended  O-Obese  C-Concave  **Colostomy**  Yes\*\* requires note  No | | **BOWEL SOUNDS**  3+ Hyperactive  2+ Normal  1+ Hypoactive  0-Absent | **PALPATION**  S-Soft  F-Firm  R-Rigid  N-Guarding  NT-Non-Tender  T-Tender | **Bowel movement**  **Size**  S-small  M-medium  L-large  Formed  Diarrhea \*\*  Bedpan  Commode | **DRAINAGE COLOR:**  G-Green  BR-Brown  BL-Black  Y-Yellow  R-Red  CG-Coffee Ground  N/A-Not applicable | **Nasogastric Tube type:**  Salem sump  Feeding tube PEG  J-Tube  **Placement confirmation method:**  Aspiration  Air bolus  X-ray Date Click here to enter text. | | **TUBE SUCTION:**  LIS-Low Intermittent Suction  LCS-Low Continuous Suction  G-Gravity Drainage  C-Clamped | |
| **Time** | **Inspection** | **Bowel**  **Sounds** | **Palpation** | **BM**  **(Size, Color**  **Consistency**) | **Drainage**  **Color** | **Tube type** | **Tube Location:**  **(e.g., left nare, RUQ)** | **Tube suction** | **Residual/ amount of drainage or vomit** |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

**6b.) GU Assessment**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **GU CATHETER: type**  I-Indwelling  S-Straight  SP-Suprapubic  N-Nephrostomy  N/A-not applicable | | **URINE COLOR:**  Y-Yellow A-Amber N-Colorless  B-Brown O-Orange R-Red  P-Pale D-Dark  **Time First void**:Click here to enter text.\_  **Second Void** Click here to enter text. | | | **CLARITY:**  C-Clear  T-Turbid | **SEDIMENT**  P-Present  0- None | **TOILETING**  S-Self U- Urinal BP- Bedpan  A-BRP w/assist  C-Bedside commode  I-Incontinent @ times  B-incontinence brief |
| **TIME** | **Catheter type** | **Days in place** | **Urine Color** | **Amount voided/emptied** | **Clarity** | **Sediment** | **Toileting** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**7.) Mobility & Activity**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **ROM: RANGE OF MOTION:**  A-Active  P-Passive | **Strength**  0-No movement  1-Trace  2-Movement but not against gravity  3-Movement against gravity but NOT against resistance  4-Movement against Gravity AND against some resistance  5-Full power | **AMBULATION:**  S-Self  A-Assist  W-Walker  CR-Crutches  CA-Cane  PT-Physical therapy | **RVS-REDUCED VENOUS STASIS INTERVENTIONS**  S-Elastic Stockings on  O-Elastic Stockings off  A-Ace wraps  M-Sequential Compression Machine  F-Foot Pump On  **Homan’s sign:** Click here to enter text. | **REPOSITIONING:**  R-Right Side  L-Left Side  S-Supine  P-Prone  O-OOB to chair  BRP- bathroom privileges.  Ad Lib | **BED POSITION:**  F-Flat  L-Low Fowler’s  SF-Semi-Fowler’s  HF-High-Fowler’s  T-Trendelenburg  RT-Reverse Trendelenburg |
| **TIME** | **ROM** | **Strength**  **RU/LU/RL/LL** | **Ambulation** | **Reduced Venous Stasis Interventions** | **Repositioning & time** | **Bed Position** |
|  |  |  |  |  |  |  |
|  |  |  |  | Homan’s: Click here to enter text. |  |  |

**8.) Rest and Sleep (Check mark response)**

|  |  |  |
| --- | --- | --- |
| **Assessment of Sleep Pattern**  Difficulty falling asleep  Difficulty staying asleep longer than 4 hrs.  Uses a prescription sleep aide nightly Drug name: Click here to enter text.  Uses an OTC sleep aide, nightly Drug name:Click here to enter text.  Denies sleep disturbance. | **Sleep Aides/Methods tried with or without success.**  Click here to enter text. | **Patient’s rest, sleep goal:**  Click here to enter text. |

**9.) Pain**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **DESCRIPTION of PREDOMINANT PAIN:**  P-Prickling SH-Sharp  A-Aching ST-Stabbing  B-Burning PR-Pressure  T-Throbbing O-Other | **Pain scale used:**  **N-Numeric**  **F-Faces**  **P- PAINAD**  **V-Verbal descriptor** | **FREQUENCY of Pain:**  C-Constant  E-Episodic  WM with Movement  WB with breathing | **What worked in the past?**  Click here to enter text. | **INTERVENTIONS:**  P-Pharmacological H-Heat  R -Relaxation C-Position for comfort  I-Imagery E-Emotional Support  D-Distraction Q-Quiet Environment  M-Massage O-Other |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TIME** | **Location** | **Description** | **Intensity (0-10) and scale used** | **Frequency** | **Intervention**  **\*\* Note required** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |



0 1 2 3 4 5 6 7 8 9 10

No Pain Mild Pain Moderate Pain Severe Pain Worse possible pain

**10.) Safety and Security needs - Skin and Safety Assessments (Describe wound dressings in note)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **SKIN CONDITION:**  I-Intact  N-Non-Intact \* \*(Requires further documentation)  **WOUND TYPE:**  P-Pressure ulcer S-Surgical wound  L-Laceration A-Abrasion  E-Ecchymosis R-Rash  **SURGICAL DRAINS**  Yes\*\*  \*\* Note needed  No | | **DESCRIPTION**  B-Blanching Erythema  Stage I (Non-Blanching Erythema )  Stage II: (Skin open to superficial layer)  Stage III (Skin open to SC tissue layer)  Stage IV (Skin open to muscle or bone)  U-Unstageable – Eschar present  DTI-Deep tissue injury | **BATH**  C-Complete  P-Partial  S-Self  A-Assist | **SIDE RAILS:**  4-4 Rails Up  3-3 Rails Up  2-2 Rails Up  1-1 Rail Up  0- Side Rails | **\*\*BRADEN SCALE SCORE#\_\_\_\_\_**  **HIGH**  **MED**  **LOW**  **\*\*FALL RISK Score # \_\_\_\_\_**  **HIGH**  **MED**  **LOW**  **Fall risk scale used** Click here to enter text. |
| **Wound type/Size (cm)/Location** | **Surgical drain type and location** | **Description (wound and drainage)** | **Bath** | **Side rails** |  |
| Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| **Episiotomy: Midline:  Medio lateral:  Edges approximate:  Hematoma:** | | | | | |
| **C-section Incision:** Click here to enter text. **Approximate size in cm:** Click here to enter text. | | | | | |
| **\*Incision treatment:** Click here to enter text. | | | | | |
| **Hemorrhoids:  Perineal Swelling:  Ice: Sitz bath:** | | | | | |
| **Fundus: Firm:  Boggy: Midline: Yes  No  Height#**Click here to enter text. | | | | | |
| **Lochia: Enter amount:** Click here to enter text.**Color:**Click here to enter text. | | | | | |
| **Condition of Breast/Nipples:** Click here to enter text. | | | | | |

**Love and Belonging needs**

**11.) Psychosocial Assessment**

|  |
| --- |
| **Feelings on first sight of baby:**Click here to enter text.**Feelings about labor and delivery:** Click here to enter text.  **Main focus of attention:** Click here to enter text.  **Family reaction to birth:**Click here to enter text. **Next of Kin (Ask)\_**Click here to enter text.  **Religious Affiliation\_**Click here to enter text. **Indicators—Cards  Flowers  Family Photos Additional Data**Click here to enter text. **Help at home:**  **Thoughts about how baby is progressing:** Click here to enter text.  **Mother’s knowledge of baby care: (safety, feeding, bathing)** Click here to enter text.  **Concerns about taking baby home:** Click here to enter text. |

**Self-Esteem needs**

|  |
| --- |
| **Family Role\_**Click here to enter text. **Grooming equipment at bedside:**Click here to enter text.  **Occupation**Click here to enter text. **Brush/Comb  Toothbrush  Toothpaste Other:** Click here to enter text. **Toiletries:**Click here to enter text. **Interest in appearance\_**Click here to enter text.  **Additional Data:**Click here to enter text. **Knowledge of self-care:** Click here to enter text.  **Reactions/communication with infant (body contact, security):** Click here to enter text.  **Infant’s reaction to mother:** Click here to enter text. **Role fulfillment vs conflict:**Click here to enter text. |

**Self-Actualization needs**

|  |
| --- |
| **Client report of satisfaction with life:** Click here to enter text. **Pregnancy planned:** Click here to enter text.  **Independence:**Click here to enter text. **Contraception planned:** Click here to enter text.  **Creativity:**Click here to enter text. **Comments:**Click here to enter text. |
| **ERICKSON’S STAGE OF DEVELOPMENT: (1) State the Developmental Stage the client is exhibiting. (2) Include what part of the stage best represents the client’s behavior and WHY you feel this is the part of the stage the client is exhibiting? Degree of dependency/independency in caring for self and newborn: (**Make sure you explain your decision process in your explanation.)Click here to enter text. |