

# BRIDGES Fall 2021 Schedule - Level 100 Workshops

KEY: RS = Remote synchronous    M = Middletown campus    BL = Blended

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:50am <b>B109</b> Stress Management - <b>BL</b>	9:00-9:50am <b>B109</b> Stress Management - <b>BL</b>	9:00-9:50am <b>B109</b> Stress Management - <b>BL</b>	9:00-9:50am <b>B111</b> Lab - <b>M</b>	9:00-9:50am <b>B109</b> Stress Management - <b>BL</b>
10:00-10:50am <b>B103</b> Career Exploration - <b>RS</b>	10:00-10:50am <b>B115</b> Academic Resource- <b>RS</b>	10:00-10:50am <b>B103</b> Career Exploration - <b>RS</b>	10:00 - 10:50am <b>B105</b> Social Engagement - <b>M</b>	10:00-10:50am <b>B103</b> Career Exploration - <b>RS</b>
11:00-11:50am <b>B107</b> Leisure Management- <b>RS</b>	11:00-11:50am <i>Activity Hour</i>	11:00-11:50am <b>B107</b> Leisure Management- <b>RS</b>	11:00-11:50am <b>B101</b> Executive Function- <b>M</b>	11:00-11:50am <b>B107</b> Leisure Management- <b>RS</b>
12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH	12-1 LUNCH
1:00-1:50pm <b>B105</b> Social Engagement- <b>RS</b>	1:00-1:50pm <b>B115</b> Academic Resource- <b>RS</b>	1:00-1:50pm <b>B105</b> Social Engagement- <b>RS</b>	1:00-1:50pm <b>B111</b> Lab - <b>M</b>	1:00-1:50pm <b>B115</b> Academic Resource- <b>RS</b>
	2:00-2:50pm <i>Makeups</i>	2:00-2:50pm <b>B101</b> Executive Function- <b>RS</b>	2:00-2:50pm <b>B111</b> Lab - <b>M</b>	
4:30-5:30pm <b>B101</b> Executive Function - <b>RS</b>				

6:00- 8:00pm  
**HV Connects - M**