



SUNY ORANGE
BRIDGES PROGRAM
Newburgh

Transition Class
Course Catalog

Spring 2026

Building skills for the Professional Environment

This career-focused workshop equips students with essential tools to succeed in today's professional landscape. Designed to develop both technical and interpersonal competencies, the course emphasizes real-world application through interactive learning and scenario-based exercises. Participants will strengthen their communication skills, customer service approach, task analysis techniques, and decision-making abilities—all critical for success across diverse industries.

Students will engage in structured practice around workplace expectations, including appropriate phone and email etiquette, time management, professionalism, and adaptive problem-solving. Role-playing and case studies will provide hands-on experience in navigating complex workplace dynamics, while guided feedback helps refine job-readiness behaviors. By the end of the course, students will have cultivated a versatile skill set tailored to meet the evolving demands of the workforce and support long-term career success.

Cost: \$916.67

Applied Skills for Professional Success

This hands-on skills lab simulates real-world workplace environments, allowing students to build practical experience across key industry sectors such as food service, hospitality, retail, and light manufacturing. Students are introduced to core job functions within each sector and actively practice essential tasks to enhance their employment readiness.

Throughout the course, participants develop critical problem-solving techniques, professional communication strategies, and workplace etiquette. Special focus is placed on appropriate work behaviors, such as punctuality, teamwork, initiative, and adaptability. Through scenario-based activities and instructor-led coaching, students gain the confidence and competencies necessary to enter the workforce and succeed in diverse job settings.

Cost: \$916.67

Self-Advocacy in the Workplace

Skill lessons address self-advocacy, self-regulation/coping, planning and organization, and particular communication and socialization skills. Planned practice and real life experiences link individual skills together. Safety, assertiveness, and conflict resolution are also covered. Students also begin to review workplace etiquette and common pitfalls that often arise. Concepts such as how to make small talk with fellow employees, answering questions when you do not know the answer, discussing breaks and lunch hours, responding to correction or criticism, and how to approach a supervisor are introduced. Scenarios involving the issues introduced in lecture are broken down into understandable chunks and role-playing is used so students have ample opportunity to generalize appropriate responses and improve their social and job-related communications.

Cost: \$916.67

Practicing Reciprocity in Conversation

Students engaging in small group work focused on active listening and talking and responding on topic. Students engage in role play exercises to initiate conversations with peers. Students use the topic talk game to integrate lessons learned from class. Students will have the opportunity to work with Peer Mentors from various college departments. These partnerships provide not only an inclusive college experience but benefits both groups of students to learn from each other.

Cost: \$916.67