



THE
OFFICE OF CAREER & INTERNSHIP SERVICES
PRESENTS

A CAREER WORKSHOP

"BALANCING WORK, FAMILY & SCHOOL"



Are you paying for your own education, for your car, or for rent? Are you holding down a needed job while attending college? Are you feeling guilty about leaving your spouse and children while you juggle a hectic schedule?

Come to our workshop for some helpful tips on how to balance your life!

WHEN: Wednesday, November 5th, 2008 **TIME:** 6:00 p.m.

WHERE:

SUNY Orange
George F. Shepard Student Center
115 South Street, Middletown, NY 10940

ROOM: Alumni Room—
1st Floor

The above workshop is presented by the Office of Career & Internship Services and is open to all students, alumni, and community members at no charge.

For additional information, please call (845) 341-4444 or check our website at www.sunyorange.edu/careers.