



SUNY ORANGE

I AM A LEADER

SESSION 1: **MBTI Workshop**

Thursday, October 13 @ 4pm-6pm
Rowley 102
Presented By: Angela Rios, Ed.D.,
Associate Vice President for
Learning and Success

Before understanding who you are as a leader, you must first understand who you are as a person. Take the MBTI (Myers Briggs Type Indicator). Interpret what your results mean and how that can affect the way you make decisions, how you interact with others, and what environment you thrive in. Develop the self-awareness that is crucial to positively working in a team and being the best version of yourself.

SESSION 2: **What Is A Leader?**

Thursday, November 10 @ 4pm-5:30pm
Rowley 102
Presented By: Sheila Stepp,
Movement Science Department Chair

A leader is not a position or title. There is not one personality or style designated to leadership. This session will be an eye opening guide to different leadership styles. It will invoke a deeper understanding of what leadership means. After having learned about yourself through the MBTI session, you will develop a vision of what kind of leader you would like to be.

SESSION 3: **Values & Ethics in Leadership**

Thursday, December 8 @ 4pm-5:30pm
Gilman Center, Library
Presented By: Christina Nelson
Bozycki, Assistant Professor, English

Your values are the core of who you are and what you do. They are the driving force behind your actions. How do you prioritize your values and align them with your behaviors and your work in a team? This session will help you to identify your values and explore how values affect leadership.

SESSION 4: **Appreciating Differences & Team Interdependence**

Thursday, February 9 @ 4pm-5:30pm
Gilman Center, Library
Presented By: Madeline Torres-Diaz,
Associate Vice President for Student
Engagement and Completion

You've now developed a deeper understanding of your values. What happens when the values of others don't align with yours? How can you use these differences to create a positive team dynamic? This session will help you to understand and appreciate the beauty of a diverse team and how the differences between others are not a detriment, but a benefit that allows for interdependence. You will dive into where our differences come from and how to utilize them instead of treating them as a barrier.

SESSION 5: The Art of Disagreement

Thursday, March 2 @ 4pm-5:30pm
Gilman Center, Library
Presented By: Dana Salkowsky,
Director, Center for Teaching &
Learning

It's easy to lead a team when everyone agrees all the time, but this is real life and these are real people with real emotions. You've learned about appreciating differences - now you'll now learn what to do when those differences surface into a disagreement. This session will teach you how to disagree with respect, facilitate discourse and debate in a psychologically safe environment, and accept that others will disagree with you. Find out how to effectively manage team discussions in order to come to a satisfactory consensus.

SESSION 6: Resilience in Leadership

Thursday, April 13 @ 4pm
Gilman Center, Library
Presented By: Dr. Kristine Young,
SUNY Orange President

Being a leader means putting yourself out there. This comes with taking risks, facing challenges, solving problems, and making mistakes. It is a rotating wheel of success and failure, both within yourself and your team. How do you manage this? How do you rally your troops when faced with an obstacle or when your team gets the wind knocked out of them? Let's talk about learning from our mistakes, taking things in stride, and being resilient in the face of adversity.

Completing the program earns you:

- Special certificate of completion
- Recognition at the College's annual awards Convocation
- A pin to wear at commencement
- Note on permanent college record
- Networking with faculty and staff
- An addition to your resume showcasing crucial transferable skills
- Eligibility for new Tier 2 leadership program coming Fall 2023

Program Requirements:

- Participate in all 6 workshops
- Submit a brief reflective journal for each session
- Participate in one community service opportunity

SIGN UP BY SEPTEMBER 30!



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Email studentinvolvement@sunyorange.edu with questions