

I AM A LEADER

STUDENTS IN THE PROGRAM WILL...

- ♦ **PARTICIPATE** in active and lively workshops with skilled and knowledgeable facilitators
- ♦ **LEARN** leadership skills that will continue to serve you throughout your academic, personal and professional life
- ♦ **EXPLORE** your strengths and abilities and how to use them
- ♦ **BUILD** relationships with academic and community leaders
- ♦ **GROW** as active participants in society

PROGRAM INFORMATION

"I Am A Leader" is free and open to all SUNY Orange credit students. Students may sign-up for any workshop that interests them. Students may also choose to complete the entire I Am A Leader program. Students who complete all of the program requirements will receive:

- ♦ a special certificate recognizing their completion of the leadership course
- ♦ recognition at the College's annual Spring Awards Convocation
- ♦ the achievement will be noted as a part of the student's permanent college record



PROGRAM REQUIREMENTS

(for students seeking to earn the I Am A Leader program certificate)

- ♦ participation in all six leadership workshops including the submission of a reflection journal for each session
- ♦ planning and participating in a community service opportunity during the 2018-2019 academic year (all projects must be approved by the Director of The Center for Student Involvement).

Students must sign-up in advance for all workshops they wish to attend at the Center for Student Involvement Office in either Middletown (Shepard Student Center) or Newburgh (Tower Building). Seating for each workshop is limited. Students who wish to complete the entire series are encouraged to register for all workshops early as they are likely to fill up.

FOR MORE INFORMATION CONTACT:

Steve Harpst, Director of The Center for Student Involvement
(845) 341-4230 steve.harpst@sunyorange.edu
www.sunyorange.edu/csi/iamaleader.shtml

2018-2019

I AM A LEADER

*A PROGRAM FOR EMERGING LEADERS AT
ORANGE COUNTY COMMUNITY COLLEGE*

SUNY ORANGE
C.S.I.
CENTER FOR STUDENT INVOLVEMENT

I AM A LEADER

2018-2019 Workshop Series

Knowing Yourself-The MBTI Personality Type Inventory

Thursday, October 11 4-5:30pm
Gilman Center (Middletown Campus)

Presenter: Petra Wege-Beers, Director of Career and Internship Services, SUNY Orange

Learn what helps to influence your leadership style, your decision-making process, the way you resolve conflict, and how you communicate with and relate to others. By gaining self-awareness and understanding of your personality type, you can hone your innate style and develop in areas that come less naturally. IMPORTANT! Those wishing to take this workshop must schedule an appointment with Career and Internship Services to complete the MBTI Inventory at least ONE WEEK PRIOR to the date of the workshop. The workshop itself will focus on how to utilize your results. The Career and Internship Services Office is located in the Shepard Student Center 341-4444.

Verbal and Non-Verbal Communication-Do Your Actions Match Your Words?

Thursday, November 15 4-5:30pm
Gilman Center (Middletown Campus)

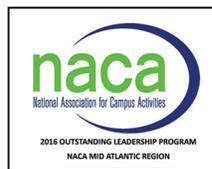
Presenter: Dana Salkowsky, Asst. Professor Arts & Communication, SUNY Orange

In a world where communication is the key to our connections, learning and growth; too often our message does not match our manner. This 'disconnect' can lead to confusion, missed opportunities and even conflict.

In this session we will expose the subtle, and not-so-subtle, impact of non-verbals on our message. We will explore the most common pitfalls, identify strategies for raising self-awareness and gauging your message continuity.



The I Am a Leader program is recognized by the National Association for Campus Activities as an Outstanding Leadership Program!



"The greatest leader is not necessarily the one who does the greatest things. He is the one that get the people to do the greatest things."
Ronald Reagan



"When you accept a leadership role, you take on extra responsibility for your actions toward each other."
Kelley Armstrong, The Calling



"A leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be."
Rosalynn Carter



"Leadership and learning are indispensable to each other."
John F. Kennedy

Confidence in Yourself and Others

Thursday, December 6 4-5:30pm
Gilman Center (Middletown Campus)

Presenter: Bob Mullin, Professor of Management, SUNY Orange

Why do we always doubt ourselves? Why are we afraid to accept the opinions of others? These two frequently-asked questions will be answered through group discussion and interactive exercises showing leaders how to handle themselves in these situations.

Working Effectively in Groups

Thursday, February 21 4-5:30pm
Gilman Center (Middletown Campus)

Presenter: Jay Krass, Instructor, SUNY Orange

The most effective leaders recognize that you cannot do it all by yourself! The key to success frequently lies in being able to work with others in a group setting. This workshop will explore the dynamics of groups and how they work and will include activities to improve your ability to be more effective with others in a group.

Giving and Receiving Feedback

Thursday, March 14 4-5:30 pm
Gilman Center (Middletown Campus)

Presenter: Elaine Torda, Chair, Interdisciplinary Studies and Sheila Stepp, Chair, Movement Science, SUNY Orange

In school, work and life it's important to know how to provide feedback to others effectively and constructively. It is equally as important to be able to accept and receive feedback ourselves in order to truly assess the impact of our actions on others. This workshop will focus on strategies and techniques to help keep these types of interactions positive and effective.

Brainstorming

Thursday, April 18 4-5:30 pm
Gilman Center (Middletown Campus)

Presenter: Steve Harpst, Director, Center for Student Involvement, SUNY Orange

The best and most effective ideas don't just happen...they are the result of a process we call brainstorming. This session will explore how to use brainstorming techniques individually and, more importantly, how to use the power of a group to creatively solve problems and generate ideas with lasting impact!