

Learning Readiness Self-Reflection

Your individuality plays a huge part in how you do anything, and that includes being a student. Spend some time to start thinking about yourself and what that might mean for you as a learner. Take your time, and consider these questions honestly!

Describe how you like to learn things.

"I learn things I hear like in class discussions, I have to read something a few times, I work better on my own/in groups."

Describe how you approach something that challenges you.

Are you more likely to figure things out on your own in one subject, topic, or skill but not the other? Why?

Describe your communication style.

"I'm very outgoing and I'll ask teachers questions when I have them, I'm a quieter person and in-class discussion is hard for me."

What are your sources of stress?

What do you do to manage your work stress? Home stress? School stress?

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How do you keep yourself organized?

Are you someone who is always late or on time? Do you take things day by day, or do you think ahead to the next week? Do you write things down? In a calendar?

How does school fit into your other commitments?

How many hours per week are you spending in class? Spending on homework/projects outside of class?

How would you describe your homework routine?

Are there classes you always do first? Why? Are there classes you always hand in work late/on time? Why?

What are your biggest distractions when you're trying to get work done?

What do you do to manage your distractions?

These questions aren't always easy to answer, and sometimes your answers change over time. This is completely normal! Being a student means you're learning how you work best. [Schedule a time with a tutor](#) to keep yourself focused and to keep honing your strengths.