

Online Learning Strategies

Your classes are suddenly online and you're not sure how to go about navigating this new format. Not to mention the stress COVID-19 is causing on every other part of your life. Here are some active learning techniques that you can incorporate on your own into your classes and study sessions that will help you absorb the material you're learning.

During Class or End-of-Class Strategies

1. Main Points

In the margins of your notes, list all the most important topics, ideas or concepts from class. Don't worry about defining or adding details at this stage, simply list! Once you've written them all down, identify the ones you're the least sure about. *This is where you'll start when you sit down to study.*

2. Confusing (or Clearest Point)

What was the most confusing point in today's class? What was the clearest point?

What, if anything, do you find clear or unclear about a particular concept or idea? Can you easily define or explain it?

Homework Strategies

3. Reading Quiz

Identify the most important concepts or ideas in your homework reading and make up quiz questions for them. Next step: answer them!

4. Teach-Back Method

Teach what you're studying *out loud* to a pet, friend, family member, tutor, or no one! The key is, again, to say out loud what you're studying to absorb the material.