







Winning at School: Habits That Work

- ☐ Monday, September 8th, 2025
- **()** 12pm-1pm
- Middletown: Rowley, Room 111

Goal Getter: The Strategy Behind Every Thriving Student (Pt. 1)

- ☐ Tuesday, September 16th, 2025
- **()** 12pm-1pm
- Middletown: Rowley, Room 111

Master Effective Note Taking

- ☐ Tuesday, September 23rd, 2025
- () 1pm-2pm
- Middletown: Rowley, Room 111

Breaking Down the Essay: Writing Tips for Every Step

- (S) 11am-12pm
- Middletown: Rowley, Room 111

Mindset Matters: Unlock Your Learning Potential

- ☐ Thursday, October 23rd, 2025
- **\(\)** 12pm-1pm
- Middletown: Rowley, Room 102

Study Smarter, Not Harder

- ☐ Thursday, November 6th, 2025
- **(Section 2)** 11am-12pm
- Middletown: Rowley, Room 102

Crack the Code: Succeeding in Online Classes

- Thursday, September 11th, 2025
- **\(\)** 12pm-1pm
- Middletown: Rowley, Room 111

Setback to Comeback: Thriving Through Academic Challenges

- ☐ Monday, September 22nd, 2025
- () 12pm-1pm
- Newburgh: Kaplan, Room 329

Time to Thrive: Strategies That Set You Apart (Pt.2)

- ☐ Wed., October 1st & Thurs., October 2nd
- **10/1 MT: RSCE 111 and 10/2 NB: KAP 313**

How to Study for Your Next Exam: Study Tips for the Win!

- Tues., October 14th & Wed., October 15th
- (10/14: 12pm-1pm & 10/15: 11am-12pm
- 10/14 MT: RSCE 11 and 10/15 NB: KAP 207

Setback to Comeback: Thriving Through Academic Challenges

- () 1pm-2pm
- Middletown: Rowley, Room 111

Your Final Exam Game Plan

- ☐ Monday, November 24th, 2025
- (1) 11am-12pm
- Middletown: Rowley, Room 111

