

LOW TECH ~ HIGH RETURN

With the increasing academic focus on understanding 'types of learners', it has become clear that delivering content in a variety of ways helps students engage, understand, and retain information. The 'Kinesthetic Learner' has garnered much attention in the k-12 classroom supporting the idea of 'hands on' learning or lessons that incorporate movement so all students are engaged and focused.

SO... why not incorporate a similar approach in the higher ed classroom?

While some courses include 'lab' or other hands on application of the learning that require students to physically move, many topics in higher ed are primarily based on lectures or Socratic discussion.

So, I've been thinking...

why not incorporate some small movement that engages college level students in the classroom and create a new dynamic for participation.

ROLL THE DICE AND SEE WHAT HAPPENS

The CHALLENGE...

- Get students MOVING and energized even for brief spurts
- Create a mechanism for student response and analysis in group setting
- Engaging ALL not just a FEW students in class discussions and participation

The OPPORTUNITY...

- Use simple tools that change the paradigm
- Visual, memorable and movement oriented... make it stick!

The HOW TO ...

BORROW THE BLOCKS



- 1. Drop by the CTL and 'check out' a set of dry-erase blocks or foam dice
- 2. Create a series of related questions for each block
- 3. Separate the class into small groups of 4-5
- 4. Each group 'rolls the dice' and responds to the question, challenge or problem indicated
 - the group discusses their question/challenge on their own
 - then each group reports back to the larger full class group

Great for test review or unit recap exercise!

Do you have a way to get students moving and engaged in your class?

Let us know or drop in ~ we would be happy to share!