

SUNY ORANGE
Education Department

COURSE SYLLABUS

COURSE #:	EDU 111 EJ	NAME:	Childhood Health and Safety
INSTRUCTOR:	Paula Chapman	SEMESTER:	Spring 2008
PHONE:	341-4054 (Ed Dept office) 341-0978 (home)	OFFICE:	Sarah Wells Workroom
EMAIL:	paula.chapman@sunyorange.edu pchapp@earthlink.net	HOURS:	As posted, or by appointment

COURSE DESCRIPTION

Topics include: physical and emotional needs of infants and children; development of healthy physical self-concept; chronic and communicable diseases; immunizations; first aid; teething and dental health; accident prevention; recognition and prevention of sexual abuse; identifying problems and screening techniques for vision and hearing; nutritional needs, appropriate menus and meal planning. A grade of C or better is required to continue and graduate in the AAS/Certificate program. 3 credits

RELATIONSHIP TO PROGRAMS

This course is part of the A.A.S. in Early Childhood Education, but may be applicable to other programs. Consult your advisor and refer to the SUNY Orange catalog for further information and advice.

STUDENT LEARNING OUTCOMES

Upon successful completion of this course students will be able to:

1. Identify ways to minimize risks to the health, safety and well being of the children
 - a. Identify indoor and outdoor hazards to children and how these hazards may be eliminated or managed in a childcare environment.
 - b. Understand the value of monitoring environmental hazards on a daily, weekly, and monthly basis
2. Describe safety policies for response to childhood accidents and injuries.
 - Recite the ABC's of emergency assessment; describe possible emergency situations that may occur in a group care situation and the appropriate responses including appropriate First Aid responses.
3. Explain how to maximize the nutritional status and minimize the nutritional risk for children
 - a. Identify all six areas found in the Food Pyramid for children, to read and analyze a food labels, total caloric intake, as well as calculate percentage of fat, carbohydrate, and protein in diet.
 - b. Describe areas of concern when feeding infants, toddlers, preschoolers, and school age children.
4. Define and discuss health policies as a tool for health prevention, protection, and promotion.
 - a. Describe the importance of early assessment and intervention in health matters in children, list appropriate methods of assessment and explain the importance of maintaining up-to-date health records.
 - b. Explain the mechanisms of the spread of communicable disease and procedures to prevent it.
 - c. Explain the importance of immunizations and keeping immunization health records.
 - d. Describe the symptoms, preventative strategies, and appropriate care for at least five (5) common childhood illnesses.
5. Describe ways in which education of children, parents and caregivers can be used as a tool for children's health promotion and risk reduction.

COURSE CONTENT

- Holistic Environment Approach to Safety, Nutrition, and Health in Quality Early Childhood Education Environments
- Creating Safe Environments for Early Childhood Education
- Indoor & Outdoor Safety
- Emergency Response Procedures for Early Childhood Education Environments
- Basic Nutrition in Early Childhood Education Environments
- Protecting Good Nutrition in Early Childhood Education Environments
- Providing Good Nutrition in Early Childhood Education Environments
- Menu Planning and Food Safety in Early Childhood Education Environments
- Promoting Good Health for Quality Early Childhood Education Environments
- Tools for Promoting Good Health in Children
- Prevention of Illness in Early Childhood Education Environments Through Infection Control in Child Care
- Supportive Health Care in Early Childhood Education Environments
- Child Maltreatment
- Children with Disabilities of Other Special Needs
- Creating Linkages

MAJOR ASSIGNMENTS/ACTIVITIES

1. Nutritional Analysis (see yellow handout)
2. Healthy Snacks (see blue handout)
3. Childhood Disease Report ~ Oral (see pink handout)
4. Safety, Health Or Nutrition Lesson Plan (see goldenrod handout)
5. Fast Food Mean Report (see salmon handout)
6. P3 Project: (See Lime handout)
7. Four (4) open book/notes quizzes - **THERE ARE NO MAKE UP TIMES FOR QUIZZES**

Grading System:

Evaluation		Percent	Points
Attendance (6 points per day)		9.6%	96
Class participation		5%	50
1. Do you ask and answer questions?			
2. Do you make observations and offer opinions?			
3. Do you contribute to the class discussions?			
4. Do I know what your voice sounds like?			
Quiz 1 (Chapters 1 – 5)	2/13	5%	50
Quiz 2 (Chapters 6 – 9)	3/5	5%	50
Quiz 3 (Chapters 10 – 13)	3/19	5%	50
Quiz 4 (Chapters 14 - 16)	5/7	5%	50
<u>Curricula Activity</u>			
Nutritional Analysis	Due: 1/30	10%	100
Healthy Snack	Due: Various dates	10%	100
Childhood Disease Report	Due: Various dates	10%	100
Safety, Health or Nutrition Lesson Plan	Due: 3/12	15%	150
P3 Project ~ Summary	Due: 4/30	2%	20
P3 Project ~ Postings	Due: 4/16	1%	10
Fast Food Meal Report	Due: 4/9	17%	174
		100%	1,000

Grades:

A	900 to 1,000 points
B	800 to 899 points
C	700 to 799 points
D	600 to 699 points
F	1 to 599 points

REQUIRED TEXT

Safety, Nutrition and Health in Early Education, Cathie Robertson, (Delmar), 3rd Ed. ISBN: 978-1-4180-1162-8.

GENERAL COURSE INFORMATION

1. All work must be typed or computer text, preferred use of Times New Roman, Font Size 12 or 14, unless otherwise specified. Put your name on ALL pages, with pages stapled or clipped together. If a folder is specified, use one.
2. Proper grammar and correct spelling are mandatory for each written assignment. Please do not rely solely on your spell/grammar check. Points will be deducted if work is not at “college level.”
3. Due dates are serious. Your grade will drop when you miss a due date – ONE point per day late.
4. Attendance is critical. Each unexcused absence beyond ONE will reduce your grade by six (6) points per week/class.
5. You must be present for the entire class to be counted as attending that day. If absence is unavoidable, you **MUST** contact me prior to class. This is **CRUCIAL**. Unusual circumstances **MUST** be communicated to me.
6. Make-up work, notes, etc., are **YOUR** responsibility to obtain/schedule. NO work will be accepted after two weeks, **UNLESS** **AD-VANCE** arrangements have been made. **NO EXCEPTIONS**.
7. Students may withdraw themselves and receive a “W” during the first 10 weeks of the semester.
8. During weeks 11 through 13 they may only withdraw and receive a “W” with the permission of the instructor. All others receive a final mark, which may be A, B, C, D, or F.
9. Please remember to keep a copy of **ALL** of your assignments for your own personal files.
10. Changes in topics, due dates, assignments or presentations may occur due to unforeseen circumstances with or without prior notice.

SUPPORT SERVICES

SUNY Orange is committed to assisting students to achieve their best. Resources for you include: Tutorial Center, Writing Lab, Math Lab, Student Success Center, Advising and Counseling, Library and Career Services. Computers and printers are available for your use in the Library, Shepard Student Center and Bio Tech Building.

STUDENTS WITH DISABILITIES

If you have a documented disability and anticipate needing accommodations in this course, please make arrangements to meet with me soon. Please request that the Advocate for Services to Students with Disabilities send a letter verifying your disability. To receive help, contact 341-4000.

CELL PHONE POLICY

The active use of any device classified as a “telecommunications device”, including but not limited to pagers, cellular phones, PDAs and messaging devices, is prohibited in classrooms, as well as in other areas where a classroom atmosphere is assumed (e.g. libraries, labs, theaters, administrative offices) except by special permission of the instructor. Passive use, including silent and vibrate mode, may be used, provided it does not compromise the educational process or promote an unethical situation. Instructors reserve the right to regulate the monitoring of such devices as necessary.

WEATHER EMERGENCIES/CANCELATIONS

In the event that this class is cancelled, there will be a makeup class scheduled ONLY for evening classes, NOT day classes. Check the college website or local radio station for closings.

PLAGIARISM

Any student or organization found to have committed or to have attempted to commit any of the following acts of misconduct is subject to the disciplinary sanctions *outlined in Article IV*. Acts of dishonesty, including, but not limited to:

- a. Cheating, including cyber cheating
- b. Fabrication
- c. Facilitating academic dishonesty
- d. Plagiarism, including internet plagiarism
- e. Forgery
- f. Bribery
- g. Multiple submission (submitting the same assignment to more than one instructor without the permission of the instructors). Please refer to the College Academic Policy for other means of resolution for academic dishonesty issues.

EDUCATION DEPARTMENT RESOURCE ROOM



The Education Department provides numerous resources for its students:

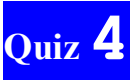
- **Education Resource Area**—Located on the second floor of the library, this area houses books and periodicals for use by students.
- **Education Department Hallway**—The hallway in the Sarah Wells Building contains Education Department faculty and staff offices as well as Bulletin Boards with course listings, job postings, event times and dates, club meeting times and contact information.
- **Education Resource Room**—Located in Sarah Wells Room 107, this area holds consumables for student use, as well as a TV/VCR and video tapes, CD-ROMs and DVDs.
- **Education Department Website**— Log on to www.sunyorange.edu/education for the most current information.

DATES TO REMEMBER

1/14	Classes begin Spring 2008
1/21	Martin Luther King Jr. Day—College Closed
2/4	First day to apply for May graduation
2/14	Last day for student withdrawal from first half semester classes with “W”
2/29	Last day to apply for May graduation
3/12	Mid-semester “U” grades distributed to students online
3/21	Good Friday—Classes in session
3/22	Saturday before Easter—Classes in session
3/24-3/30	Spring Recess—No Classes
3/31	Early registration for Summer 2008
4/4	Last day for student withdrawal for Spring 2008 with “W”
4/15	Early registration for Fall 2008
4/18	Last day for instructor withdrawal for Spring 2008
5/14	Grades distributed to students online
5/17	Commencement
5/26	Memorial Day—College Closed

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Chronology of Study:		Assignment for	Project Due
Week 1 1/16/08	Introductions Go over Syllabus Course overview / Go over projects and assignments	1/23/08	
		Read Chapter 1 (p. 1 – 39)	
Week 2 1/23/08	Chapter 1: Holistic Environment Approach to Safety, Nutrition, and Health in Quality Early Childhood Education Environments	1/30/08	
		Read Chapters 2 (p. 42 – 77) & 5 (p. 156 – 208)	
Week 3 1/30/08	Chapter 5: Emergency Response Procedures for Early Childhood Education Environments Chapter 2: Creating Safe Environments for Early Childhood Education	2/6/08	Nutritional Analysis
		Read Chapters 3 (p. 78 – 121) & 4 (p. 122- 155)	
Week 4 2/6/08	Chapter 3: Indoor Safety Chapter 4: Outdoor Safety Review for Quiz 1	2/13/08	
		Prepare for Quiz 1 Read Chapter 6 (p. 210 – 246)	
Week 5 2/13/08	Quiz 1 Chapters 1 – 5 (from 4:00 – 5:00 PM) Chapter 6: Basic Nutrition in ECE Environments	2/20/08	Healthy Snack (See sign up Sheet)
		Read Chapter 7 (p. 247 – 281)	
Week 6 2/20/08	Go over Quiz 1 Chapter 7: Protecting Good Nutrition ECE Environments	2/27/08	
		Read Chapters 8 (p. 282 – 322) & 9 (p. 323 – 366)	
Week 7 2/27/08	Chapter 8: Providing Good Nutrition ECE Environments Chapter 9: Menu Planning and Food Safety ECE Environments Review for Quiz 2	3/5/08	
		Prepare for Quiz 2 Read Chapter 10 (p. 368 – 403)	
Week 8 3/5/08	Quiz 2 Chapters 6 – 9 (from 4:00 – 5:00 PM) Chapter 10: Promoting Good Health for ECE Environments Chapter 11: Tools for Promoting Good Health in Children	3/12/08	Healthy Snack (See sign up Sheet)
		Read Chapters 11 (p. 404 – 438), 12 (p. 439 – 475) & Chapter 13 (p. 476 – 530)	
Week 9 3/12/08	Go over Quiz 2 Chapter 11: continued Chapter 12: Prevention of Illness in ECE Environments Through Infection Control in Child Care Chapter 13: Supportive Health Care in ECE Environments	3/27/08	Safety, Health or Nutrition Lesson Plan
		Prepare for Quiz 3 Read Chapter 14 (p. 532 – 565)	
Week 10 3/19/08	Quiz 3 Chapters 10 – 13 (from 4:00 – 5:00 PM) Chapter 14: Child Maltreatment	4/20/08	Healthy Snack (See sign up Sheet)
		Read Chapters 15 (p. 566 – 595) & 16 (596 – 636)	
<div><h1>Spring Break</h1></div>		1. Stay Healthy 2. Have a great time! 3. Come back in one piece, bright eyed & bushing tailed	

Chronology of Study ~ continued		Assignment for	Project Due
Week 11 4/2/08	Go over Quiz 3 <u>Chapter 15</u> : Children with Disabilities of Other Special Needs <u>Chapter 16</u> : Creating Linkages		
Week 12 4/9/08	Fast Food Meal Reports		
Week 13 4/16/08	Oral Presentations of Childhood Disease Reports		P3 Postings completed
Week 14 4/23/08	Oral Presentations of Childhood Disease Reports		
Week 15 4/30/08	Oral Presentations of Childhood Disease Reports	5/7/08	P3 Summary
		Prepare for Quiz 4	Healthy Snack (See sign up Sheet)
Week 16 5/7/08	 Chapters 14 – 16		

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