**SUNY Orange Nursing 101 – Material excerpted from Syllabus; Required Books & Equipment, Week #1 and Week #2 Lecture Content & Required Readings (page 15, 16 & 17)**

**BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)**

**REQUIRED:**

Equipment All nursing students are required to purchase a stethoscope and a penlight. In addition, a portable manual blood pressure cuff (sphygmomanometer) is recommended but not required.

Kaplan Nursing Card The Basics Book. ***Available only in the college bookstore,*** text along with paid receipt must be shown to instructor on first day of classes. This will allow for online secure access to Kaplan homepage which provides **access for** **required tests and assignments**, as well as study skills workshops, practice tests, test results, remediation resources and NCLEX-RN® prep materials.

Halter Foundations of Psychiatric Mental Health Nursing, 2014, 7th Ed.

 (ISBN 978145575358)

**The following is a 5 book collection – El Sevier (ISBN for all 5 books: 9780323229067) Bundle price at our bookstore is 25% less than purchasing each book separately!**

1. Potter & Perry Fundamentals of Nursing 2013, 8th Ed. (ISBN 9780323079334)

2. Perry & Potter Clinical Nursing Skills & Techniques, 2014, 8th Ed.

(ISBN 9780323083836)

3. Ackley & Ladwig Nursing Diagnosis Handbook, 2014, 10th Ed., Mosby

 (ISBN 9780323085496)

4. Cherry & Jacob Contemporary Nursing: Issues, Trends and Management, 2010, 6th Ed. (ISBN 9780323101097)

5. Mulholland The Nurse, the Math, the Meds: Drug calculations using dimensional analysis, 2011, 2nd Ed. (ISBN 9780323069045)

**ISBN # for 5 book set (listed above) *PRINT PLUS E-BOOKs*** i**s: 9780323258654**

**ISBN# for 5 book set (listed above) *E-BOOKS ONLY*** is: **9780323233392**

**This is a 2 book collection – Custom Bookstore bundle package # OCCC101**

**\***1.Van Leeuwen, Davis’s Comprehensive Handbook of Lab & Diagnostic Tests

 Poelhusis-Leth & Bladh w/Nursing Implications, 5thEd., F.A. Davis

(ISBN 9780803636644)

2. Deglin & Vallerand Davis’s Drug Guide for Nurses w/CD ROM, 13th Ed., F.A. Davis

 (ISBN 9780803628342)

**ISBN for BOTH of above books PLUS the optional Taber’s (below) is 9780803637276)**

**OPTIONAL BOOKS:**

Taber’s Taber’s Cyclopedic Medical Dictionary, 22nd Ed.

(ISBN 9780803629783)

Nugent & Vitale Test Success: Test- Taking Techniques for Beginning Nursing Students, 6th Ed., F.A. Davis (ISBN 9780803628182)

Dunham How to Survive & Maybe Even Love Nursing School¸2008, 3rd Ed. F.A. Davis (ISBN 9780803618299)

American Psychological Association Publication Manual of the American Psychological Association, 6th Ed. (ISBN 9781433805615)

**Responsibilities of the SUNY Orange Student in the Nursing Program can be found in the following documents:**

SUNY Orange Catalog

SUNY Orange Student Handbook

SUNY Orange Rights and Responsibilities Handbook

Document of Nursing Student Policy

**Week I** (1/20/2014)

**NURSING AND HEALTH; WELLNESS; HEALTH CARE DELIVERY; ORIENTATION TO THE PROFESSION OF NURSING; INFECTION PREVENTION AND CONTROL**

Readings: Books listed by author (See book list for titles):

Potter & Perry: Chapters 1, 2, 3, 6, 22, 28,

Mulholland: Chapter 1 (including math self-assessment)

Cherry: Chapters 1, 3, 4, 5, 7, 11

***See Video list for each week’s mandatory viewing***

**Laboratory readings are on weekly lab guide (to be handed out in class for first three weeks)**

**OUTLINE**

I. Nursing and Health

 A. The Profession of Nursing

B. Evolution of Professional Nursing

C. The contemporary image of professional nursing

D. Nursing licensure and certification

II. Health Care Delivery

A. Hospital

B. Community-based nursing care

C. Self-care

III. Professional Nursing

 A. Professional nursing practice

 1. Standards of practice

 2. Nurse practice acts

 3. Nursing organizations

 B. Educational preparation and career opportunities

 C. Nursing theory and conceptual frameworks - Maslow

 D. Professional values in Nursing

 E. Standards of care

 F. Nursing research and evidence-based practice

IV. Conceptual Framework of Nursing at OCCC

 A. Lifespan development

 B. Nursing throughout the lifespan – Erickson

 C. Nursing Process

 D. Assessment of basic needs

V. Health and wellness

 A. Wellness health care

 B. Nursing in wellness

 C. Health maintenance

 D. Financing of health care

**Nursing 101 - Week # 1 & Week # 2 Lecture Content & Reading: (continued)**

VI. Infection Control

 A. Asepsis and infection control

 B. The body’s defense against infection

VII. Dimensional Analysis

**WEEK 2**  (1/27/2014)

**THERAPEUTIC COMMUNICATIONS; STRESS&CRISIS;CULTURE&ETHNICITY; THE OLDER ADULT; COGNITIVE AND SENSORY ALTERATIONS; SAFETY& SAFE ENVIRONMENTS; HYGIENE**

Readings:

Potter& Perry Chapters 9, 14, 27, 33 (Note - Table 33-1 Erikson), 37(Note – “PTSD” page733-734), 39, 49

Mulholland Chapter 2

Halter Chapters 8, 9, 10, 23

Cherry Chapters 10, 18, 21, 22

**See also Weekly Laboratory readings in each weekly lab guide in Angel.**

 OUTLINE

I. Therapeutic relationships

 A. Social vs. therapeutic communications

 B. Self-awareness/Self concept

 C. Nurse-patient relationship

II. The communication process: the nurse-client relationship

 A. Factors that affect communication

 B. Verbal and non-verbal communication

 C. Therapeutic communication techniques

 D. Non-therapeutic communication techniques

 E. Effective communication and conflict resolution

III. Culture and Ethnicity

 A. What culture is – the characteristics of culture

 B. Culture and nursing care

 C. Cultural competency and social issues in nursing and health care

IV. Safety

 A. Characteristics of safety over the lifespan

 B. Self-care and hygiene – alterations in the levels of self-care

 C. QSEN – quality and safety education for nurses

V. Sensory Perception

VI. Cognitive Processes

VII. Stress and adaptation

**Nursing 101 – Week # 2 Lecture Content & Reading: (continued)**

VIII. The older adult

 A. Physical changes

 B. Psychosocial needs of the older adult

 1. Depression, delirium, and dementia

 2. Pain

 3. Advanced directives

IX. Dimensional analysis