**REQUIRED BOOKS NURSING II**

Kaplan Nursing Kaplan Access Card. Available only in the college bookstore, Card along with paid receipt must be shown to instructor on **first day of classes**. This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice tests, secured tests, test results, remediation resources and NCLEX-RN® prep materials.

Smeltzer, Bare, Hinkle Brunner & Suddarth’s Medical Surgical Nursing 13th Edition, 2013, Lippincott

& Cheever

**BOOKS USED IN NURSING I (NUR 101)**

Halter Foundations of Psychiatric Mental Health Nursing, 2014, 7th Ed.

(ISBN 978145575358)

Potter & Perry Fundamentals of Nursing 2013, 8th Ed., Evolve (ISBN 9780323079334)

Perry & Potter Clinical Nursing Skills & Techniques, 2014, 8th Ed., Evolve

(ISBN 9780323083836)

Ackley & Ladwig Nursing Diagnosis Handbook, 2014, 10th Ed., Mosby

(ISBN 9780323085496)

Cherry & Jacob Contemporary Nursing: Issues, Trends and Management, 2010, 6th Ed., Evolve

(ISBN 9780323101097)

Mulholland The Nurse, the Math, the Meds: Drug calculations using dimensional analysis, 2011, 2nd Ed., Evolve (ISBN 9780323069045)

Van Leeuwen, Davis’s Comprehensive Handbook of Lab & Diagnostic Tests

Poelhusis-Leth & Bladh w/Nursing Implications, 5thEd., F.A. Davis

(ISBN 9780803636644)

Deglin & Vallerand Davis’s Drug Guide for Nurses w/CD ROM, 13th Ed., F.A. Davis

(ISBN 9780803628342)

**OPTIONAL BOOKS:**

Taber’s Taber’s Cyclopedic Medical Dictionary, 22nd Ed., F. A. Davis

(ISBN 9780803629783)

Nugent & Vitale Test Success: Test- Taking Techniques for Beginning Nursing Students, 6th Ed., F.A. Davis (ISBN 9780803628182)

Dunham How to Survive & Maybe Even Love Nursing School¸2008, 3rd Ed. F.A. Davis (ISBN 9780803618299)

American Psychological Association Publication Manual of the American Psychological Association, 6th Ed.

(ISBN 9781433805615)

Colgrove, Cadenhead & Med-Surg Test Success: Applying Critical Thinking to Test Taking 2nd Ed, 2011

Hargrove-Huttel

**ARTICLES -** Refer to periodicals for pertinent supplementary articles

**Week 1: (01/21/14)**

**PERSPECTIVES OF MEDICAL-SURGICAL NURSING**

**GROWTH AND DEVELOPMENT OF THE MIDDLE ADULT, ALTERATION IN SELF-ESTEEM, NEEDS OF A CLIENT WITH A SUBSTANCE ABUSE DISORDER**

**Readings:**

Smeltzer, et al.: Chapter 1 (Nursing Practice), Chapter 3, (Critical Thinking, Ethical Decision and Nursing Process), Chapter 4, (Health Education and Health Promotion); Chapter 6, (Individual and Family Homeostasis, Stress and Adaptation); Chapter 7 (Transcultural Nursing), Chapter 9 (Chronic Illness and Disability); Chapter 5 (pgs. 60-65: Patient Profile)

Chapter 72 (p. 2140-2145: Alcohol Withdrawal).

Mulholland Review Chapter 7 and 9

Cherry pp. 346-359 (delegation) and pp. 360-373 (nursing care delivery models).

Potter & Perry Review Chapter 29 (culture); Chapter 37 (stress, coping, and adaptation).

Halter Chapter 10 (Stress); Chapter 12 (read section on Anxiety); Chapter 22, (Addictive Disorders); Chapter 34, (Family Interventions)

Ackley & Ladwig Refer to appropriate nursing diagnosis related to content area

Davis’ Drug Guide Refer to appropriate drugs related to content area

Davis’ Guide to Lab Refer to appropriate diagnostic tests related to content area

& Diagnostic Tests

Perry & Potter Refer to assigned readings in MSL lab guide

**Objectives:**

At the completion of this unit, the student will be able to:

1. describe the scope of medical-surgical nursing practice.

2. differentiate between health promotion and prevention of illness.

3. discuss major concepts underlying Erikson and Maslow theories of personality development

(review from Nursing I).

4. differentiate between stress and stressor as it relates to the hospitalized client (Nursing I).

5. define anxiety (Nursing I).

6. identify developmental stages of adulthood.

7. identify the health needs and concerns of each adult age group.

8. identify defense/coping mechanisms used by hospitalized clients. Differentiate between

effective and ineffective coping (Nursing I).

9. explain multiple aspects of chronic diseases.

10. differentiate between tolerance and dependence.

11. define alcoholism and the addictive personality.

12. demonstrate the administration of a primary intravenous solution to a client.

**College Laboratory** Laboratory readings are on weekly lab guide.

OUTLINE

I. Baseline data (Week 1)

A. Medical/surgical nursing practice

1. Role of nursing profession

2. Levels of care

a. Chronic illness.

Three levels of prevention: Primary, secondary and tertiary.

b. Acute care

c. Ambulatory care

d. Home health care

3. Health promotion - promoting healthy life style

a. effective coping mechanisms

b. health promotion behaviors

4. Stress, stressors and stress management

5. Cultural influences

6. Ineffective coping mechanisms

7. Substance abuse

B. Developmental factors related to health promotion

1. Theories of young and middle adulthood

2. Developmental stages of young and middle adulthood

II. Nursing process (Week 1)

A. Assessment: data collection

1. Impact of illness on client

2. Reaction to illness

a. Selye's general adaptation syndrome

b. Stress response

c. Levels of anxiety

3. Needs assessment of a client with anxiety

4. Needs assessment of a client with substance abuse

B. Data analysis: common nursing diagnosis

1. Anxiety R/T threat to self-concept
2. Disturbance of sleep pattern R/T irritability, tremors
3. Altered nutrition: less than body requirements R/T inadequate nutritional intake
4. Risk for injury R/T impaired sensory/perceptual function

C. Expected outcomes R/T nursing diagnosis

D. Nursing interventions/rationale

1. Education

2. Emotional support

3. Anticipatory guidance

4. Diet management

5. Withdrawal management

E. Evaluation

III. Quality and Safety Initiatives in the Health Care Setting

A. IOM

B. TEAM STEPPS

C. QSEN

D. Joint Commission: National Patient Safety Goals (NPSGs)

E. SBAR for reporting

**Week 2: (01/27/14)**

**ALTERATION IN BIOLOGICAL SAFETY**

**NEEDS OF THE CLIENT WITH AN IMMUNE DISORDER**

**Readings:**

Smeltzer, et al. Chapter 35, 36, 37 38

Ackley & Ladwig Refer to appropriate nursing diagnosis related to content area.

Davis’s Drug Guide Refer to appropriate drugs related to content area.

Davis’s Lab Guide Refer to appropriate diagnostic tests related to content area.

Perry & Potter Refer to assigned readings in MSL lab guide

**Objectives:**

At the completion of this unit, the student will be able to:

1. describe the functions and components of the immune system.

2. explain the physical response to stress and the effect on the immune system.

3. compare and contrast humoral and cellular immunity.

4. differentiate between passive and active immunity.

5. describe self-care for the client with allergies.

6. explain the physiology underlying hypersensitivity reactions.

7. utilize the nursing process to plan the care of a client with acquired immunodeficiency

syndrome.

8. perform selected nursing interventions R/T the needs of the client with an immunological

response disorder/infection/inflammation.

9. evaluate components of a predesigned teaching plan that are specific to the client’s

knowledge and learning needs.

10. describe the potential needs of the client with a biological safety problem who is

preparing for discharge.

11. demonstrate CDC standard and transmission based precautions.

**College Laboratory** Laboratory readings are on weekly lab guide.

OUTLINE

I. Baseline Data

A. Immune system review.

1. Organs of the immune system

2. Cells of the immune system

B. The body’s defense mechanisms

C. Immune response

D. Immunologic problems

II. Nursing Process

A. Assessment: data collection

1. Diagnostic tests

2. Needs assessment of a client with an immune system disorder

a. HIV infection, AIDS and AIDS-related opportunistic infections

b. Hypersensitivity disorders

(1) Type I (anaphylactic)

(2) Type II (cytotoxic)

(3) Type III (immune complex)

(4) Type IV (cell-mediated or delayed)

B. Data analysis: common nursing diagnosis

1. Ineffective family coping R/T uncertainty of future.

2. Fatigue R/T side effects of drug therapy.

3. Risk for infection R/T compromised host defenses.

C. Expected outcomes R/T nursing diagnosis.

D. Nursing interventions/rationale R/T care of client with immune system disorder.

1. Self-care management.

2. Pharmacological management.

3. Prevention of infection.

4. Controlling fatigue.

E. Evaluation