**INSTRUCTIONAL MATERIALS**

**BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)** **REQUIRED:**

Equipment \*All nursing students are required to purchase a stethoscope and a penlight.

 \*A portable manual blood pressure cuff (sphygmomanometer) is recommended but not required.

 \***In addition, a kit containing equipment for skills practice is required and will be available in the bookstore.**

 **\*Students will also need to purchase a loose-leaf binder.** The binder is to be used to collect the student’s weekly clinical assignments.

Kaplan Nursing Kaplan Access Card. Available only in the college bookstore, Card along with paid receipt **must be shown to instructor on first day of classes.** This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice tests, secured tests, test results, remediation resources and NCLEX-RN® prep materials. Must be purchased each semester for all nursing courses.

 **I- Human** **Patients** by Kaplan, must be additionally purchased from the college bookstore. This will allow access to a virtual patient simulator which is required for clinical coursework. ***This product must be purchased by the end of the first week of classes.***

Treas Basic Nursing: Thinking, Doing and Caring, 2nd Ed., F.A. Davis

 ***The text must be purchased along with DavisAdvantage***. A promotional code is available when purchasing the text from F.A. Davis. Please see purchase options at: <https://www.fadavis.com/product/nursing-basic-nursing-concepts-skills-reasoning-treas-2>

 ***You are strongly advised to use the DavisAdvantage resources to help you prepare for lecture, lab, clinical and tests!***

Halter, Varcarolis, Shoemaker & Foundations of Psychiatric Mental Health Nursing, 8th Ed.

Carson Saunders

Mulholland The Nurse, The Math, The Meds: Drug Calculations using Dimensional Analysis, 4th Ed., Mosby

Ackley & Ladwig Nursing Diagnosis Handbook, 12th Ed., Mosby

American Psychological Publication Manual of the American Psychological Association

 Association 7th Ed.

***These two books are available for free on Stat!Ref via the Library website***

Go to Stat!Ref at: <http://libguides.sunyorange.edu/c.php?g=680620>

 Van Leeuwen, Davis’s Comprehensive Handbook of Lab & Diagnostic,

Poelhusis-Leth & Bladh Tests w/Nursing Implications, 9ththEd., F.A. Davis

 Deglin & Vallerand Davis’s Drug Guide for Nurses w/CD ROM, 17th Ed., F.A. Davis

**RECOMMENDED/OPTIONAL BOOKS:**

DavisEdge RN Fundamentals Optional digital resource for test review questions based on Fundamentals textbook

P. McHugh Schuster Concept Mapping, 5th Ed., F.A. Davis

Nugent & Vitale Test Success: Test- Taking Techniques for Beginning Nursing Students,

 8th Ed., F.A. Davis

Dunham How to Survive & Even Love Nursing School¸ 2008, 3rd Ed.

 F.A. Davis

***Nursing 101, The first three weeks of readings…***

**Week one required readings (8/23/2021)**

Treas, Wilkinson, Barnett & Smith, Basic Nursing: Thinking, Doing and Caring 2nd Edition: Chapters: 1 (Nursing Past & Present); 7 (Standards of Practice: pp.109); 8 (Theory, Research & Evidence Based Practice: pp. 131-133); 9 (Middle Adulthood: pp. 178-180); 10 (Development: Older Adulthood); 11 (Experiencing Health & Illness); 22 (Infection Prevention & Control: pp. 619-647); 27 (Health Promotion).

For additional Specific Chapter Resources go to [**www.DavisAdvantage.com**](http://www.DavisAdvantage.com)(enter your access code, found on the inside cover of the text, to join Davis Advantage)

Mulholland, The Nurse, The Math, The Meds 4th Edition: ***Please complete Math Self-Assessment*** (to assist in identifying areas where review may be needed), Chapter 1 (Math Review)

Halter, Varcarolis, Schoemker & Carson, Foundations of Psychiatric Mental Health Nursing 8th Edition: Chapter 2 (Erikson’s 8 Stages of Development: pp.30-31; & Maslow’s Hierarchy of Needs: pp. 26-29).

**Week two required readings** (8/30/2021) **THERAPEUTIC COMMUNICATION; STRESS & ADAPTATION; COGNITIVE AND SENSORY ALTERATIONS; CULTURE&ETHNICITY; PROMOTING SAFETY; FACILITATING HYGIENE**

Halter: Chapters: 8 (Therapeutic Relationships); 9 (Therapeutic Communication);

 10 (Stress Response & Stress Management); 23 (Neurocognitive Disorders);

 31 (Older Adults).

Treas: Chapters: 12 (Psychological Defense Mechanisms: pp. 246-247); 15 (Culture & Ethnicity);

 23 (Safety); 24 (Hygiene); 31 (Sensory Perception).

 **For additional Chapter Resources go online to:** [**www.DavisAdvantage.com**](http://www.DavisAdvantage.com)

Mulholland: Chapter 2 (Dimensional Analysis Method).

**Week three required readings** (9/7/2021) **THE NEED FOR OXYGEN: TEMPERATURE, PULSE, RESPIRATION & BLOOD PRESSURE (TPR &BP); ACTIVITY AND EXERCISE**

Treas: Chapters: 19 (Vital Signs: pp. 420-454); 33 (Activity & Exercise: pp. 1180-1213); 37

 (Oxygenation: pp. 1361-1385); 38 (Circulation & Perfusion: pp, 1439-1446)

 **For additional Chapter Resources go online to:** **www.DavisAdvantage.com**

 Mulholland: Chapter 3 (Metric Units & Conversions