

## INSTRUCTIONAL MATERIALS

### REQUIRED BOOKS NURSING II (NUR 102)

Nursing II Kit                      Equipment kit of nursing supplies required for Nursing II students. This kit is only available at the college bookstore (Purchased during NUR 1. Kit to be used for all nursing courses).

Kaplan Nursing                      **Kaplan Access.** Must be purchased on line via the bookstore. A paid receipt must be shown to instructor **first week of classes.** This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice tests, secured tests, test results, remediation resources and NCLEX-RN® prep materials.  
\*\*\*\*\***Must be purchased EACH SEMESTER for all nursing courses.**

Docucare Assessment Tool—to be used in clinical courses NUR 102-202

### REQUIRED:

Hinkle & Cheever                      Brunner & Suddarth's Textbook of Medical Surgical Nursing, 15<sup>th</sup> ed., Lippincott

Coursepoint Enhanced                      **ISBN: 9781975186708**  
\*\*\*\*\*contains e book, Prep U and access to multimedia resources

**OR**

Print copy of the book with **NO** electronic resources. **ISBN: 9781975161033**

### BOOKS AND EQUIPMENT PURCHASED PREVIOUSLY FOR NURSING I (NUR 101)

Treas                                      Basic Nursing: Thinking, Doing and Caring, 3rd Ed., F.A. Davis (ISBN: 978171964207)

P. McHugh Schuster                      Concept Mapping, 5<sup>th</sup> Ed., F.A. Davis (ISBN 9780803694736)

Halter, Varcarolis,  
Shoemaker & Carson                      Foundations of Psychiatric Mental Health Nursing, 8<sup>th</sup> Ed.,  
Elsevier (ISBN 9780323697071)

Mulholland                              The Nurse, The Math, The Meds: Drug Calculations using Dimensional Analysis,  
4th ed., Mosby (ISBN 9780323792011)

American Psychological.  
Assn                                      Publication Manual of the American Psychological Association, 7<sup>th</sup> ed.  
(ISBN #9781433832161)

Ackley & Ladwig                      Nursing Diagnosis Handbook, 12<sup>th</sup> Ed., Mosby (ISBN 9780323551120)

**These two books are available for free on Stat!Ref via the Library website**

1. Van Leeuwen,  
Poelhusis-Leth & Bladh                      Davis's Comprehensive Handbook of Lab. & Diagnostic  
Tests w/Nursing Implications, 9<sup>th</sup> Ed., F.A. Davis (ISBN 9781719640589)

2. Deglin & Vallerand                      Davis's Drug Guide for Nurses w/CD ROM, 17<sup>th</sup> Ed., F.A. Davis  
(ISBN: 9781719640053)

Please see the [Bookstore website](#) for information on purchasing textbooks and instructional materials. Library Support: For questions and information on accessing materials, resources, and the student [Chromebook lending program](#) through the SUNY Orange Library, please visit: <https://sunyorange.edu/library/>

***Students: Please check Stat!Ref on library website before purchasing additional books—some books may be available electronically through the library website. Please keep in mind these are subject to availability, and are not guaranteed access during your nursing courses.***

## **Chronology of study:**

### **Week 1 : PERSPECTIVES OF MEDICAL-SURGICAL NURSING**

### **GROWTH AND DEVELOPMENT OF THE MIDDLE ADULT, ALTERATION IN SELF-ESTEEM, NEEDS OF A CLIENT WITH A SUBSTANCE ABUSE DISORDER**

#### **Readings:**

Hinkle & Cheever

- Chapter 1 (Professional Nursing Practice)
- Chapter 2 (Medical-Surgical Nursing)
- Chapter 3 (Health Education and Health Promotion)
- Chapter 4 (Adult Health and Physical. Nutritional, and Cultural Assessment  
OMIT p.86-91)
- Chapter 5 Stress and Inflammatory Responses
- Chapter 7 (Disability and Chronic Illness)
- Chapter 12 (Management of Patients with oncologic Disorders read p 308-309:  
Prevention)
- Chapter 67 (Emergency Nursing read p. 2205-2210)

Wilkinson & Treas Review: Chapter 6(Life Span Older Adults) (Erikson), Chapter 8 (Stress & Adaptation); Chapter 11 (Caring in Multicultural Healthcare Environments) Chapter 12 (Spirituality).

Halter Review: Chapter 6 (Legal & Ethical Considerations); Chapter 10 (Stress); Chapter 15 (Anxiety); Chapter 22, (Substance & Addictive Disorders)

Davis' Drug Guide Please refer to MSL drug list for appropriate drugs related to content area

Davis' Guide to Lab & Diagnostic Tests Refer to appropriate diagnostic tests related to content area

Wilkinson & Treas Refer to assigned readings in MSL lab guide

## **OUTLINE**

### **I. Baseline data (Week 1)**

#### **A. Medical/surgical nursing practice**

1. Role of nursing profession
2. Levels of care
  - a. Chronic illness.  
Three levels of prevention: Primary, secondary and tertiary.
  - b. Acute care
  - c. Ambulatory care
  - d. Home health care
3. Health promotion - promoting healthy life style
  - a. effective coping mechanisms
  - b. health promotion behavior
4. Stress, stressors and stress management
5. Cultural influences
6. Ineffective coping mechanisms

## 7. Substance use disorder

### B. Developmental factors related to health promotion

1. Theories of young and middle adulthood
2. Developmental stages of young and middle adulthood

## II. Nursing process (Week 1)

### A. Assessment: data collection

1. Impact of illness on client
2. Reaction to illness
  - a. Selye's general adaptation syndrome
  - b. Stress response
  - c. Levels of anxiety
3. Needs assessment of a client with anxiety
4. Needs assessment of a client with substance abuse

### B. Data analysis: common nursing diagnosis

1. Anxiety R/T threat to self-concept
2. Disturbance of sleep pattern R/T irritability, tremors
3. Altered nutrition: less than body requirements R/T inadequate nutritional intake
4. Risk for injury R/T impaired sensory/perceptual function

### C. Expected outcomes R/T nursing diagnosis

### D. Nursing interventions/rationale

1. Education
2. Emotional support
3. Anticipatory guidance

### E. Evaluation

## III. Quality and Safety Initiatives in the Health Care Setting

### A. IOM

### B. TEAM STEPPS

### C. QSEN

### D. Joint Commission: National Patient Safety Goals (NPSGs)

### E. SBAR for reporting

## **Week 2: ALTERATION IN BIOLOGICAL SAFETY: NEEDS OF THE CLIENT WITH an IMMUNE DISORDER**

### **Readings:**

Hinkle & Cheever	Chapter 31 (Assessment of Immune Function) Chapter 32 Management of Patients with Immune Deficiency Disorders Chapter 33 (Assessment and Management of Patients with Allergic Disorders) Chapter 34 (Assessment and Management of Patients with Inflammatory Rheumatic Disorders) content in SLE, RA, Gout p. 1067-1085 and p. 1089-1091
Wilkinson & Treas	Review Chapter 20 (Promoting Asepsis & Preventing Infection)
Davis's Drug Guide	Refer to MSL drug list for appropriate drugs related to content area
Davis's Guide to Lab And Diagnostic Tests	Refer to appropriate diagnostic tests related to content area.
Wilkinson & Treas	Refer to assigned readings in MSL lab guide

### **OUTLINE**

#### **I. Baseline Data**

##### **A. Immune system review.**

1. Organs of the immune system
2. Cells of the immune system

##### **B. The body's defense mechanisms**

##### **C. Immune response**

##### **A. Immunologic problems**

1. Rheumatoid Arthritis
2. SLE
3. Gout/gouty arthritis

#### **II. Nursing Process**

##### **A. Assessment: data collection**

1. Diagnostic tests
2. Needs assessment of a client with an immune system disorder
  - a. HIV infection, AIDS and AIDS-related opportunistic infections
  - b. Hypersensitivity disorders
    - (1) Type I (anaphylactic)
    - (2) Type II (cytotoxic)
    - (3) Type III (immune complex)
    - (4) Type IV (cell-mediated or delayed)

##### **B. Data analysis: common nursing diagnosis**

1. Ineffective family coping R/T uncertainty of future.
2. Fatigue R/T side effects of drug therapy.
3. Risk for infection R/T compromised host defenses.

C. Expected outcomes R/T nursing diagnosis.

D. Nursing interventions/rationale R/T care of client with immune system disorder.

1. Self-care management.
2. Pharmacological management.
3. Prevention of infection.
4. Controlling fatigue.

E. Evaluation

### **Week 3 ALTERATION IN SAFETY: NEEDS OF THE PERIOPERATIVE CLIENT**

#### **Readings:**

Hinkle & Cheever	Chapter 9 (Pain Management) Chapter 14 (Preoperative Nursing Management) Chapter 15 (Intraoperative Nursing Management) Chapter 16 (Postoperative Nursing Management)
Wilkinson & Treas	Review Chapter 32 (Skin Integrity & Wound Healing) Chapter 36 (Caring for the Surgical Patient)
Davis's Drug Guide	Please refer to MSL drug list for appropriate drugs R/T content area
Davis's Guide to Lab and Diagnostic Tests	Refer to lab values and tests R/T content area
Wilkinson & Treas Vol 2	Refer to assigned readings in MSL lab guide

#### **OUTLINE**

##### **I. Baseline data**

###### **A. Preoperative needs**

1. Categories of surgical procedures
2. Informed legal consent

###### **B. Intraoperative needs**

1. Admittance to operating room/surgical team/checklist
2. Roles of surgical team members
3. Positioning for surgery
4. Types of anesthesia

###### **C. Postoperative needs**

1. Post-anesthesia care unit/purpose
2. Pain control measures

##### **II. Nursing process**

A. Assessment: data collection

1. Diagnostic tests - preoperative
2. Needs assessment of the perioperative client
  - a. Preoperative R/T risk factors
  - b. Intraoperative R/T anesthesia and sterile asepsis
  - c. Postoperative R/T complications, surgical site, pain

B. Data analysis: common nursing diagnoses

1. Knowledge deficit R/T preoperative, postoperative care expectations/life style changes.
2. Ineffective airway clearance R/T laryngeal spasm.
3. Impaired skin integrity R/T surgical wound.
4. Acute pain R/T inflammation or injury of surgical area.

C. Expected outcomes R/T nursing diagnosis

D. Nursing interventions/rationale

1. Preoperative
  - a. Teaching
  - b. Preoperative procedures
  - c. Medications
2. Intraoperative
  - a. Positioning
  - b. Asepsis
  - c. Anesthesia
3. Postoperative
  - a. Monitoring
  - b. Prevention of complications
  - c. Pain management

B. Evaluation