**BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)**

**REQUIRED:**

Nursing I Kit Equipment kit of nursing supplies required for Nursing I students. This kit is only available in the college bookstore.

Kaplan Nursing The Basics Book. ***Available only in the college bookstore,*** text along with paid receipt must be shown to instructor on first day of classes. This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice test, secure tests, test results, remediation resources and NCLEX-RN® prep materials.

Daniels, Joanne & Clinical Calculations, 2005, 5th Ed., Delmar

Loretta Smith (ISBN 9781401858490)

Craven, Hirnle Fundamentals of Nursing, 7th Ed., 2013

Lippincott (ISBN 9780781780230)

Dudek Nutrition Essentials for Nursing Practice, 6th Ed.,

Lippincott (ISBN 9780781784542)

Smith and Duell Clinical Nursing Skills: Basic to Advanced Skills, 2012 8th Ed., Pearson

(ISBN 9780135114735)

**The following is a 3 book collection – (ISBN for all 3: 9781437732696)**

1. Ackley & Ladwig Nursing Diagnosis Handbook, 2011, 9th Ed., Mosby

(ISBN for all 3 books plus e-book 9781455720327)

2. Cherry & Jacob Contemporary Nursing: Issues, Trends and Management, 2010, 5th Ed.

3. Varcarolis, Shoemaker & Psychiatric Mental Health Nursing, 2010, 6th Ed.,

Carson Saunders

**ISBN # for 3 book set (listed above) *PLUS EBOOK* is: 9781455780327**

**This is a 3 book collection – (ISBN for all 3: 9780803628618)**

**\***1.Van Leeuwen & Davis’s Comprehensive Handbook of Lab. & Diagnostic Tests

Poelhusis-Leth w/Nursing Implications, 4thEd., F.A. Davis

2. Deglin & Vallerand Davis’s Drug Guide for Nurses w/CD ROM, 13th Ed., F.A. Davis

3. Taber’s Cyclopedic Medical Dictionary, 21st Ed.

**OPTIONAL BOOKS:**

Deglin & Vallerand Med Deck, 12th Ed., F.A. Davis, (ISBN 9780803623293)

Lehne, Hamilton, Moore & Pharmacology for Nursing Care w/CD, 2012, 9th Ed.,

Crosby Saunders (ISBN 9781416062493)

Nugent & Vitale Test Success: Test- Taking Techniques for Beginning Nursing Students,

6th Ed., F.A. Davis (ISBN 9780803618947)

Dunham How to Survive & Even Love Nursing School¸2008, 3rd Ed.

F.A. Davis (ISBN 9780803618299)

**ORIENTATION TO THE PROFESSION OF NURSING**

Responsibilities of the SUNY Orange Student in the Nursing Program can be found in the following documents:

SUNY Orange Catalog

SUNY Orange Student Handbook

SUNY Orange Rights and Responsibilities Handbook

Document of Nursing Student Policy

**Week I** (8/27)

**NURSING AND HEALTH**

Readings: (See book list for titles):

Daniels & Smith: Appendix A (arithmetic review)

Craven, Hirnle: Chapters 1, 2, 3, 6, 7, 18, 30, 37

Cherry Chapters 1, 2, 3, 4, 5, 6, 7, 11

See Video list for each week’s mandatory viewing

Laboratory readings are on weekly lab guide (to be handed out in class)

**OUTLINE**

I. Nursing and Health

A. The Profession of Nursing

B. Evolution of Professional Nursing

C. The contemporary image of professional nursing

D. Nursing licensure and certification

II. Health Care Delivery

A. Hospital

B. Community-based nursing care

C. Self care

III. Professional Nursing

A. Professional nursing practice

1. Standards of practice

2. Nurse practice acts

3. Nursing organizations

B. Educational preparation and career opportunities

C. Nursing theory and conceptual frameworks

D. Professional values in Nursing

E. Standards of care

F. Nursing research and evidence-based practice

IV. Conceptual Framework of Nursing at OCCC

A. Lifespan development

B. Nursing throughout the lifespan – Erickson

C. Nursing Process

D. Assessment of basic needs

V. Health and wellness

A. Wellness health care

B. Nursing in wellness

C, Complementary and alternative medicine

D. Health maintenance

E. Financing of health care

VI. Infection Control

A. Asepsis and infection control

B. The body’s defense against infection

VII. Dimensional Analysis

-19-

**WEEK 2**  (9/3)

**THERAPEUTIC COMMUNICATIONS; THE OLDER ADULT; SAFETY& SAFE ENVIRONMENTS**

Readings:

Daniels & Smith Chapter 1

Craven Chapters 4, 5, 9, 22, 23, 35, 36, 40

Varcarolis Chapters 9, 10, 11, 23 (pp. 528-536), 29

Cherry Chapters 10, 12, 18, 21, 22

Laboratory readings are on weekly lab guide

OUTLINE

I. Therapeutic relationships

A. Social vs. therapeutic communications

B. Self-awareness

C. Nurse-patient relationship

II. The communication process: the nurse-client relationship

A. Factors that affect communication

B. Verbal and non-verbal communication

C. Therapeutic communication techniques

D. Non-therapeutic communication techniques

E. Effective communication and conflict resolution

III. Culture and Ethnicity

A. What culture is – the characteristics of culture

B. Culture and nursing care

C. Cultural competency and social issues in nursing and health care

IV. Safety

A. Characteristics of safety over the lifespan

B. Self-care and hygiene – alterations in the levels of self care

C. QSEN – quality and safety education for nurses

D. Workforce advocacy and the nursing shortage

V. Sensory Perception

VI. Cognitive Processes

VII. Stress and adaptation

VIII. Crisis and disaster

IX. The older adult

A. Physical changes

B. Psychosocial needs of the older adult

1. Depression, delirium, and dementia

2. Pain

3. Advanced directives

X. Dimensional analysis

-20-

**WEEK 3** (9/10)

**THE NEED FOR ACTIVITY AND EXERCISE; INTRODUCTION TO THE NURSING PROCESS; TPR**

Readings:

Daniels & Smith Chapter 2

Craven Chapters 10, 11, 12, 13, 14, 17 (pp. 317-329; 335-339, 340-351), 24

Ackley & Ladwig Preface: xv to xvi; xvii-xix; section 1 (pp. 1-12).

Laboratory readings are on weekly lab guide

**OUTLINE**

I. Mobility and body mechanics

A. Normal mobility

B. Alterations in mobility

C. Nursing management of patients with altered mobility

D. Guidelines for moving patients safely

II. Nursing Process

A. Components of the nursing process

B. Sources of information

C. North American Nursing Diagnosis Association – NANDA

D. Problem solving, decision making, processing information and diagnostic reasoning

E. Nursing assessment

F. Nursing diagnosis

G. Outcome identification and planning

H. Implementation and evaluation

I. Using the Nursing Diagnosis Handbook

III. Critical thinking

IV. Assessing temperature, pulse and respiration

A. Temperature

B. Pulse

C. Respiration

D. Pulse oximetry

E. Alterations in TPR throughout the lifespan

V. Dimensional analysis