**ORIENTATION TO THE PROFESSION OF NURSING**

Responsibilities of the SUNY Orange Student in the Nursing Program can be found in the following documents:

SUNY Orange Catalog

SUNY Orange Student Handbook

SUNY Orange Rights and Responsibilities Handbook

Document of Nursing Student Policy

**Week I** (8/29)

**NURSING AND HEALTH**

Readings:

Clinical Calculations 6th Edition:

Daniels & Smith: Appendix A (arithmetic review)

Fundamentals of Nursing 6th Edition:

Craven, Hirnle: Chapters 1, 2, 3, 4, 16, 20, 27, 40, 50

Contemporary Nursing: Issues, Trends and Management 5th Edition

Cherry Chapters 1, 2, 4, 5, 6, 7

See Video list for each week’s mandatory viewing

Laboratory readings are on weekly lab guide (to be handed out in class)

**OUTLINE**

I. Introduction to the nursing profession

A. History and the Profession of Nursing

B. Changing nursing practice

C. Community- based nursing

D. Professional issues in nursing

E. Health and wellness of the individual, family and community

F. Health care delivery systems

II. Introduction to Mental Health Concepts

A. Maslow

B. Erickson

C. Stress, anxiety and adaptation

1. Introduction to the concept of infection control

A. Causes of infection

B. Infection prevention, control and asepsis

C. Resistance to infection

D. Assessment and treatment of infection

**WEEK 2**  (9/5)

**GROWTH & DEVELOPMENT OF OLDER ADULT; SAFETY; SAFE ENVIRONMENT; THERAPEUTIC COMMUNICATION**

Readings:

Daniels & Smith Chapter 1

Craven Chapters 18 pp. 259-261, 19, 21, 22, 31, 33, 45, 46, 52

Varcarolis Chapter 10, 11, 29, pp.528-536

Cherry Chapter 10, 12, 18, 22

Laboratory readings are on weekly lab guide

OUTLINE

I. The therapeutic communication process

II. Safety and safe environments

III. Physical changes associated with aging process

IV. Psychosocial and spiritual development of the older adult

A. Culture and ethnicity

B. Spiritual health

V. Alzheimer’s Disease/dementia

VI. Depression

VII. Sensory perception and alterations

VIII. Self care and personal hygiene

**WEEK 3** (9/12)

**INTRODUCTION TO THE NURSING PROCESS**

**THE NEED FOR ACTIVITY AND EXERCISE**

Readings:

Daniels & Smith Chapters 2 & 3

Craven Chapters 9, 10, 11, 12, 13, 14, 34

Ackley & Ladwig Preface: xiii to xv; xix, xxi; section 1.

Laboratory readings are on weekly lab guide

**OUTLINE**

I. Problem solving and decision making

II. Critical thinking

III. Components of the nursing process

A. Assessment: data collection

B. Data analysis: nursing diagnosis

C. Expected outcome

D. Intervention

E. Evaluation

IV. The need for Physical Mobility

A. Hazards of Immobility