

Chronology of study:

Week 1

PERSPECTIVES OF MEDICAL-SURGICAL NURSING **GROWTH AND DEVELOPMENT OF THE MIDDLE ADULT, ALTERATION IN SELF-ESTEEM, NEEDS OF A CLIENT WITH A SUBSTANCE ABUSE DISORDER**

Readings:

Hinkle & Cheever

Chapter 1 (Health Care Delivery and Evidence-Based Nursing Practice)
Chapter 2 (read p. 19: Levels of Prevention)
Chapter 3 (Critical Thinking, Ethical Decision and Nursing Process)
Chapter 4 (Health Education and Health Promotion)
Chapter 5 (read pp. 66-69: Patient Profile)
Chapter 6 (Individual and Family Homeostasis, Stress and Adaptation)
Chapter 7 (Transcultural Nursing)
Chapter 9 (Chronic Illness and Disability)
Chapter 72 (read p. 2180-2186: Substance Abuse)

Zerwekh & Garneau

Chapter 15, Chapter 19, Chapter 22

Wilkinson & Treas
Volume 1

Review: Chapter 9 (Erikson p 168-169 &196-200); Chapter 12 (Stress);
Chapter 15 (Culture).

Halter

Review Chapter 10 (Stress); Chapter 15 (Anxiety); Chapter 22, (Substance &
Addictive Disorders)

Davis' Drug Guide

Please refer to MSL drug list for appropriate drugs related to content area

Davis' Guide to Lab
& Diagnostic Tests

Refer to appropriate diagnostic tests related to content area

Wilkinson & Treas
Volume 2

Refer to assigned readings in MSL lab guide

OUTLINE

I. Baseline data (Week 1)

A. Medical/surgical nursing practice

1. Role of nursing profession

2. Levels of care

a. Chronic illness.

Three levels of prevention: Primary, secondary and tertiary.

b. Acute care

c. Ambulatory care

d. Home health care

3. Health promotion - promoting healthy life style
 - a. effective coping mechanisms
 - b. health promotion behaviors

4. Stress, stressors and stress management

5. Cultural influences

6. Ineffective coping mechanisms

7. Substance use disorder

B. Developmental factors related to health promotion

1. Theories of young and middle adulthood

2. Developmental stages of young and middle adulthood

II. Nursing process (Week 1)

A. Assessment: data collection

1. Impact of illness on client

2. Reaction to illness

- a. Selye's general adaptation syndrome
- b. Stress response
- c. Levels of anxiety

3. Needs assessment of a client with anxiety

4. Needs assessment of a client with substance abuse

B. Data analysis: common nursing diagnosis

1. Anxiety R/T threat to self-concept

2. Disturbance of sleep pattern R/T irritability, tremors

3. Altered nutrition: less than body requirements R/T inadequate nutritional intake

4. Risk for injury R/T impaired sensory/perceptual function

C. Expected outcomes R/T nursing diagnosis

D. Nursing interventions/rationale

1. Education
2. Emotional support
3. Anticipatory guidance

E. Evaluation

III. Quality and Safety Initiatives in the Health Care Setting

- A. IOM
- B. TEAM STEPPS
- C. QSEN
- D. Joint Commission: National Patient Safety Goals (NPSGs)
- E. SBAR for reporting

Week 2

ALTERATION IN BIOLOGICAL SAFETY
NEEDS OF THE CLIENT WITH an IMMUNE DISORDER

Readings:

Hinkle & Cheever	Chapters 35, 36, 37
Wilkinson & Treas Volume 1	Review Chapter 23
Davis's Drug Guide	Refer to MSL drug list for appropriate drugs related to content area
Davis's Guide to Lab And Diagnostic Tests	Refer to appropriate diagnostic tests related to content area.
Wilkinson & Treas Volume 2	Refer to assigned readings in MSL lab guide

OUTLINE

I. Baseline Data

- A. Immune system review.
 - 1. Organs of the immune system
 - 2. Cells of the immune system
- B. The body's defense mechanisms
- C. Immune response
- D. Immunologic problems

II. Nursing Process

- A. Assessment: data collection
 - 1. Diagnostic tests
 - 2. Needs assessment of a client with an immune system disorder

- a. HIV infection, AIDS and AIDS-related opportunistic infections
- b. Hypersensitivity disorders
 - (1) Type I (anaphylactic)
 - (2) Type II (cytotoxic)
 - (3) Type III (immune complex)
 - (4) Type IV (cell-mediated or delayed)

B. Data analysis: common nursing diagnosis

- 1. Ineffective family coping R/T uncertainty of future.
- 2. Fatigue R/T side effects of drug therapy.

- 3. Risk for infection R/T compromised host defenses.

C. Expected outcomes R/T nursing diagnosis.

D. Nursing interventions/rationale R/T care of client with immune system disorder.

- 1. Self-care management.
- 2. Pharmacological management.
- 3. Prevention of infection.
- 4. Controlling fatigue.

E. Evaluation

Orange County CC 2019 Spring Med Surg Nursing

Course Resource Options

(Please review both options for obtaining required course resources). Ordering from another source may result in receiving an incorrect product or higher costs incurred!

Required Program: CoursePoint access for Brunner & Suddarth Med Surg 14th by Hinkle

Contains:

- E-text for Fundamentals of Brunner & Suddarth Med Surg 14th by Hinkle
- Access to multimedia resources
- Access to PrepU Adaptive Learning program (which is a required component of the course).
- PrepU results will provide feedback directly to e-text pages
- Please Note: this option does not include hard copy printed textbook. (see below for option to purchase, if desired)

Can be purchased:

Option 1: Purchased on-line via OCCC specific url for “instant access” – student receives access immediately upon completing purchase so nothing will actually ship.

OCCC url:

<https://lippincottdirect.lww.com/NursingEducation-OrangeCountyCommunityCollege-Spring2019>

Cost is \$135.00

Option 2: Purchased at campus bookstore

List price is \$180.00

- Student can submit rebate request to be reimbursed difference between list price and LaGCC specific url (maximum rebate = \$45.00)
- **Rebate only valid for purchases of CoursePoint for Brunner & Suddarth 14th at OCCC Bookstore!**

Please note – e-text is included within the program. If desired, students can purchase a printed textbook at the OCCC reduced cost of \$135.99 (list price is \$169.99) using the above url. There is no shipping charge!

Lastly - Here is a helpful link that contains segmented videos covering the most prominent features/functions of CoursePoint, so users can use the Table of Contents to jump directly to the component they wish to review. This link should be saved, to refer as needed as the semester progresses: <https://elearning.easygenerator.com/dfd3889b-4f7b-4ec0-aa47-9a9c4065db09/>