READINGS FOR NURSING II SPRING 2010

PERSPECTIVES OF MEDICAL-SURGICAL NURSING

GROWTH AND DEVELOPMENT OF THE MIDDLE ADULT

A. Objectives

At the completion of this unit, the student will be able to:

- 1. describe the scope of medical-surgical nursing practice.
- 2. differentiate between health promotion and prevention of illness.
- 3. discuss major concepts underlying Erikson and Maslow theories of personality development (review from Nursing I).
- 4. differentiate between stress and stressor as it relates to the hospitalized client (Nursing I).
- 5. define anxiety (Nursing I).
- 6. identify developmental stages of adulthood.
- 7. identify the health needs and concerns of each adult age group.
- 8. identify defense/coping mechanisms used by hospitalized clients (Nursing I).
- 9. explain multiple aspects of chronic diseases.
- 10. demonstrate the nursing process with rationale to plan client care.
- 11. demonstrate the administration of a primary intravenous to a client.
- 12. demonstrate previously learned clinical skills.
- 13. calculate the flow rate of an intravenous infusion for a client.

B. Readings

Ignatavicius Chapters 1 (intro to med/surg), 3 (common health problems), 4 (culture), 8 (rehab concepts)

Daniels & Smith Chapter 8: p. 116-127 (reconstitution); chapter 10 (IV meds): p. 146-210

Craven For detailed review of the nursing process – chapters 9, 10, 11; also chapter 32 (stress and

adaptation)

Dudek Chapters 11, 12, 13

Varcarolis Chapter 2 (relevant theories), 12 (stress), 13 (anxiety), 33 (adult issues), 37 (integrative care), p.

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Ackley & Ladwig Refer to appropriate nursing diagnosis related to content area

Davis' Drug Guide Refer to appropriate drugs related to content area

Van Leeuwen Refer to appropriate diagnostic tests related to content area

C. College Laboratory Laboratory readings are on weekly lab guide.

BOOK LIST:

Medical Surgical Nursing, (single volume print text) Ignatavicius, 6th Ed., Elsevier Medical Surgical Nursing, (e-book access code), Ignatavicius, 6th Ed., Elsevier Clinical Decision-Making Study Guide for Medical Surgical Nursing, Ignatavicius, 6th Ed., Elsevier All 3 above books ISBN: 9781437732672 (Bundled and available in college bookstore only)

Manual of I.V. Therapeutics (w/CD ROM), 5th Ed., Davis (ISBN: 9780803621848)

Clinical Nursing Skills: Basic to Advanced Skills, 7th Ed., 2008, Prentice Hall (ISBN: 9780132243551)