

## **BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)**

### **REQUIRED:**

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| Nursing I Kit   | Equipment kit of nursing supplies required for Nursing I students. This kit is only available in the college bookstore.   |
| Kaplan Nursing  | <u>The Basics Book</u> . Available only in the college bookstore, text along with paid receipt must be shown to instructor on first day of classes. This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice tests, secured tests, test results, remediation resources and NCLEX-RN® prep materials. |
| Ackley & Ladwig   | <u>Nursing Diagnosis Handbook</u> , 2011, 9 <sup>th</sup> Ed., Mosby (ISBN 978-0-323-47150-5)   |
| Whitehead, White, Tappen  | <u>Essentials of Nursing Leadership and Management</u> 5 <sup>th</sup> Ed. F.A. Davis (ISBN-13: 978-0-8036-2208-1)  |
| Daniels, Joanne & Loretta Smith   | <u>Clinical Calculations</u> , 2006, 5 <sup>th</sup> Ed., Delmar (ISBN 9781401858490)   |
| Lefever-Kee, Paulanka & Polek   | <u>Fluids &amp; Electrolytes w/Clinical Application</u> , 8 Ed. 2010 Delmar (ISBN 978-1435-453678)  |
| Craven, Hirnle  | <u>Fundamentals of Nursing</u> , 6 <sup>th</sup> edition Lippincott (ISBN 9780781780230)  |
| Dudek   | Nutrition Essentials for Nursing Practice 6 <sup>th</sup> Ed. Lippincott (ISBN 9780781784542)   |
| Varcarolis, Shoemaker & Carson  | <u>Psychiatric Mental Health Nursing</u> , 2010, 6 <sup>th</sup> Ed., Saunders ISBN: 978-1-4160-6667-5  |
| Deglin & Vallerand  | <u>Med Deck</u> , 12 <sup>th</sup> Ed., F.A. Davis (ISBN-13: 978-0-8036-2329-3)   |
| P. Lynn   | <u>Taylor's Interactive Nursing Skills</u> , 2.0 CD-ROM, Lippincott (ISBN 978-0-7817-7084-2)  |
| <b><u>This is a 3 book collection - (ISBN for all 3: 978-0-8036-2475-7)</u></b> |   |
| 1. Van Leeuwen & Poelhuis-Leth  | <u>Davis's Comprehensive Handbook of Lab. &amp; Diagnostic Tests w/nursing Implications</u> , 3 <sup>rd</sup> Ed., F.A. Davis   |
| 2. Deglin & Vallerand   | <u>Davis's Drug Guide for Nurses w/CD ROM</u> , 12 <sup>th</sup> Ed., F.A.  |

Davis

3. Taber's Cyclopedic Medical Dictionary, 21<sup>st</sup> Ed.,  
F.A. Davis

**OPTIONAL BOOKS:**

Lehne, Hamilton,  
Moore & Crosby      Pharmacology for Nursing Care w/CD, 2009, 7<sup>th</sup> Ed.,  
Saunders (ISBN 9781416062493)

Nugent, & Vitale      Test Success: Test - Taking Techniques for Beginning  
Nursing Students, 2007, 5<sup>th</sup> Ed., F.A. Davis (ISBN 978-0-  
8036-1894-7)

Dunham      How to Survive & Even Love Nursing School, 2008, 3<sup>rd</sup>  
Ed. F.A. Davis (ISBN 978-0-8036-1829-9)

## **ORIENTATION TO THE PROFESSION OF NURSING**

Responsibilities of the SUNY Orange Student in the Nursing Program can be found in the following documents:

- SUNY Orange Catalog
- SUNY Orange Student Handbook
- SUNY Orange Rights and Responsibilities Handbook
- Document of Nursing Student Policy

**Week I** (8/30)

### **NURSING AND HEALTH**

#### **Readings:**

Clinical Calculations 5<sup>th</sup> Edition:

Daniels & Smith: Appendix A (arithmetic review)

Fundamentals of Nursing 6<sup>th</sup> Edition:

Craven, Hirnle: Chapters 1, 2, 3, 16, 20, 27, 50

Essentials of Nursing Leadership 4<sup>th</sup> Edition:

Whitehead and Weiss: Chapters 1, 2, 3, 4, 5, 15, Appendix 1

See Video list for each week's mandatory viewing

Laboratory readings are on weekly lab guide (to be handed out in class)

### **OUTLINE**

#### I. Introduction to the nursing profession

- A. Nursing
- B. Changing nursing practice
- C. Professional issues in nursing
- D. Health and illness
- E. Health care delivery systems

#### II. Introduction to the concept of infection control

**WEEK 2** (9/7)

**GROWTH & DEVELOPMENT OF OLDER ADULT; SAFETY; SAFE ENVIRONMENT;  
COMMUNICATIONS**

Readings:

Daniels & Smith Chapter 1

Craven Chapters 4, 6, 19, 21, 22, 31, 33, 45, 52

Varcarolis Chapter 10, 11, 29, pp.528-536

Whitehead Chapters 10, 12, 13

Laboratory readings are on weekly lab guide

OUTLINE

- I. Physical changes associated with aging process
- II. Psychosocial and spiritual development of the older adult
- III. Alzheimer's Disease
- IV. Depression
- V. Sensory Alterations
- VI. Personal Hygiene
- VII. The communication process
- VIII. Introduction to Mental Health Concepts
  - A. Maslow
  - B. Erickson
  - C. Stress and Anxiety