



How to Obtain a Clinical Clearance for the Health Professions Programs

2022 SUNY Orange Wellness Center



Welcome to the SUNY Orange Health Professions Programs!

In this presentation, you will learn how to successfully complete the process to receive a clinical clearance.



About the Wellness Center

- The Wellness Center processes and maintains all medical records and clinical clearances for all health professions students.
- Our address: Wellness Center, SUNY Orange, 115 South Street, Middletown, NY 10940
- We are open Monday-Friday, 8:30-4:30 (closed on Fridays in June and July)
- For questions or concerns, call (845) 341-4870 or email: wellnesscenter@sunyorange.edu. A nurse will return your query within 24-72 business hours.



Why do you need a clinical clearance?

- New York State Health Laws require all healthcare professionals and students enrolled in health professions programs to meet specific standards of health and fitness, and proof of immunity to several communicable diseases.
- These requirements are more stringent than those affecting general college admission.
- All students enrolled in a SUNY Orange Health Professions program must receive a clinical clearance in order to attend classes and clinical.
- The clearance is good for one year.
- Second year students must be re-issued a new clearance, which requires repeating this process.



First Steps

- At this point, the Urine Drug Screen and Background Check should have already been completed through castlebranch.com.
 - If you have not done this yet do so IMMEDIATELY.
 - Failure to comply could result in the loss of your seat in the program.
- The Wellness Center has access to this information so there is no need to provide copies of your test results.



Important Dates

- Your clinical clearance must cover you for the entirety of your academic year.
- Therefore, the date of your physical and most recent tuberculosis test may not be prior to the dates outlined by the Wellness Center.
- The physical and its accompanying documentation are due by the deadline noted.



Important Dates

Program		No sooner than:	No later than:
Nursing	1st year:	May 15	June 20
	Returning:	May 15	July 20
Phlebotomy		May 15	June 27
OTA		May 15	July 7
Dental Hygiene		May 15	July 12
Med Lab Tech		May 15	July 20
PTA		July 8	August 5
Radiology		July 31	August 12



The Official College Physical Form

- We consider completion of the physical form your first test as a health professions student.
- We understand that many of our students may not have completed such an extensive form before and it can be intimidating and confusing.
- We have done our best to simplify the form, but sometimes students have questions.
- Do not hesitate to call or email us with your questions.
 - Phone: (845) 341-4870.
 - Email: wellnesscenter@sunyorange.edu
- A nurse will respond to your query in 24-72 business hours.



The Official College Physical Form

- The Wellness Center only accepts physicals submitted on the Official College Physical Form.
- Photocopies, faxes, or emailed forms are NOT accepted.
- ALL sections of the form must be addressed and completed.
- Make sure your name is clearly written at the top of each page.
- Use black ink only.



The Official College Physical Form

- You may choose your own healthcare provider to complete your form.
- This may be a medical doctor, doctor of osteopathy, nurse practitioner, or physician's assistant.
- If you do not have a healthcare provider or health insurance, your packet includes a list of practitioners who offer our students a discount.



Section I

Section I: Student information

- Be sure to include your Program.
- Be sure to include which semester you're enrolled in.
 - If you are starting your program, you're in semester 1.
- Be sure to include your email address and cell phone number.
- Be sure to include the name and best phone number of an emergency contact.



Section II

Section II: Personal and Family Health History

- Review all potential health conditions and answer “yes” to those that apply to you or a family member.
- If you answer “yes” to any of these concerns you must explain why at the bottom of page 1.
- Be sure to SIGN where indicated.
 - Note: Your signature permits the Wellness Center to release information to your department chair and to clinical sites where you are assigned (i.e. dates for physical, drug screen, immunizations, and TB screening). Medical history is not disclosed



Section III

- Section III: Tuberculosis Screening

All students must submit proof of tuberculosis screening.

You may obtain 2 PPDs a minimum of one week apart, or a QuantiFERON TB Gold Test.



Section III – Cont.

Note: If you have a QuantiFERON TB Gold Test in year one, you will need to do the same test the following year or obtain 2 PPDs.

If you have 2 PPDs in year one you only need one PPD (or a Quantiferon TB Gold Test) in year two.



Section III – Cont. 2

If your PPD or QuantiFERON TB Gold test is POSITIVE or you have a HISTORY of a positive PPD:

- Your healthcare provider must order a chest X-Ray and you must attach a copy of the X-Ray report to your physical.
- Your healthcare provider must complete the CLINICAL EVALUATION FOR THOSE WITH HISTORY OF POSITIVE PPD or POSITIVE TB SCREENING.
- Be sure your healthcare provider signs and dates this section.



SECTION IV: IMMUNIZATION HISTORY

REQUIRED IMMUNIZATIONS

You must provide proof of immunity to Measles, Mumps, and Rubella (MMR) to your physical, with either:

- Two doses of MMR vaccine, the first received ON or AFTER 12 months of age and no sooner than 4 days prior to your 1st birthday, and the second given at least 28 days after the first OR
- MEASLES (RUBEOLA) – 2 doses, MUMPS – 2 doses, RUBELLA (GERMAN MEASLES) – 1 dose OR
- A positive titer (blood test). A copy of the test results must be attached to the physical. If your titer is negative you will need to receive 1 or 2 vaccines, depending on documentation of prior vaccines.



If you have previously attended SUNY Orange or have submitted your records via Med+Proctor, proof of immunity to MMR should be on file in our office. You may verify this by checking your student account via Self-Service Banner:

Log in to MySUNYOrange. In the Technical Services Tab, in Systems and Services for Students, select letter "I" then choose "Immunizations." OR

Log in to MySUNYOrange. In the Technical Services Tab, in Systems and Services for Students, select letter "S" then choose "Student Profile," then click on the immunizations link in the left navigation.

If your records are not already in our system attach documentation to your physical form.



Section IV: Cont.

You must provide proof of immunity to **Varicella** (Chicken Pox) with either two doses of vaccine

OR documentation of a positive titer (a blood test)

A copy of the test results must be attached to your physical

If your titer is negative you will need to receive 1 or 2 vaccines, depending on documentation of prior vaccines

Check with your healthcare provider



Section IV: Cont.

You must provide proof of immunity to **COVID-19**, with either:

- one Janssen or
- two Pfizer or Moderna vaccines
- AND if eligible, a Booster



RECOMMENDED IMMUNIZATIONS

It is recommended but not required that students receive a TDAP vaccine within the last ten years.

Students are required to complete the Meningitis Response Form which is available on our website: [Wellness Forms at SUNY Orange](#)

The meningitis vaccine is not required, but completing the form is.



RECOMMENDED IMMUNIZATIONS

- Seasonal Flu Vaccine is strongly recommended as most clinical sites require it.
- The flu vaccine is the best way to prevent influenza.
- Upload documentation of a flu vaccine for the 2022-2023 flu season via our secure online portal:
 - [Upload Flu Vaccine Documentation for 2022-2023](#)
- Keep a copy of your flu vaccine for your own records and bring it to clinical in case you are asked to produce proof of vaccine.



HEALTH PROFESSIONS STUDENT IMMUNIZATION HISTORY FORM

If your healthcare provider writes anywhere on this page, make sure he or she signs off and dates at the bottom.



SECTION V: PHYSICAL EXAMINATION AND ATTESTATION OF FITNESS FOR DUTY

Your healthcare provider completes this section.

- Be sure each area is addressed.
- Be sure your provider signs, dates, and stamps the form.



Submitting your Physical Form

When your physical form is complete,

- **MAKE A COPY OF EACH DOCUMENT FOR YOUR OWN RECORDS**
- **MAIL** the entire packet to: Wellness Center, SUNY Orange, 115 South Street, Middletown, NY 10940 or
- **DROP IT OFF** at the Wellness Center (Shepard Student Center) or
- **Make an appointment to go over it with the nurse (845) 341-4870**



Submitting your Physical Form

- NOTE: The Wellness Center and the College are not responsible for documents lost or damaged in transit, thus having a copy is *imperative*.
- You do not want to be the student who's physical was destroyed or "lost in the mail" and there's no copy.



Submitting your Physical Form

- Do NOT wait until the deadline to submit your form in case there are discrepancies or errors which may delay your clinical clearance and interfere with starting the program or attending clinical.
- Call or email the Wellness Center IMMEDIATELY if you experience any difficulties or delays meeting your deadline or completing the form. A nurse will respond to your query within 24-72 hours.



Submitting your Physical Form

- A nurse will send an email to your SUNY Orange email account when your physical is received.
- If there are discrepancies with your physical or accompanying paperwork you will be notified either by email or phone.
- The nurse may request a phone interview or a Zoom session to discuss any issues.
- If your physical is incomplete or unsigned the entire package will be mailed back to you.



Receiving Your Clinical Clearance

- Once your physical form and other documents are received, reviewed, accepted, and documented in your Banner account the nurse will EMAIL your clinical clearance to your SUNY Orange email account. This may take 7-10 business days.
- Save the digital document in a safe place on your computer, phone, tablet, etc. You will need to produce this form throughout your academic year.
- Be prepared to provide a copy to your clinical instructor.



Reasons Forms Are Rejected

- Student did not put their name and/or personal identifying information on page one.
- Student did not complete the Personal Health History on page one.
- Student did not sign the form on page one.
- Student did not attach supporting documentation, i.e. lab reports or immunization records.
- Student was not reimmunized after negative titers.
- Lines on page two are left blank.
- The provider did not sign, date, or stamp on page two.



Latex and Other Allergies

- Students with a history of Latex Allergy or Sensitivity must complete the Latex Allergy Action Plan included in your packet.
- Nursing Students: Your healthcare provider must complete and sign this form due to the latex-rich environment in the simulation lab.
- Students with food, drug, or environmental allergies must complete the Allergy Action Plan included in your packet.



Change in Health Status

- If for any reason you experience a change in health status during your program (i.e. illness, accident, pregnancy) you must be re-evaluated by your healthcare provider and the Wellness Center.
- Obtain a Change in Health Status Form from your program chair, Wellness Center, or on our website: [Wellness Forms at SUNY Orange](#).
- See your healthcare provider ASAP.
- Failure to comply in a timely manner may result in lost class and/or clinical time.



Tips

- Schedule your physical immediately. Procrastinating may result in difficulty securing an appointment within the prescribed time frame.
- You may get your first PPD at any time. The second one must be within the prescribed time frame.
- Use the checklist provided to monitor your progress during this process. This helps ensure your form is completed as required prior to submission.



Tips

- Before you leave your healthcare provider's office make sure all areas of your physical form are properly addressed.
- Make copies of all records! You may need them during your program and after graduation.
- Call or email the Wellness Center if you encounter any issues ASAP! We want to help.
- Phone: (845) 341-4870. Leave a voice message if needed.
- Email: wellnesscenter@sunyorange.edu
- A nurse will return your call or email within 24-72 business hours.