

Faculty and Staff Guidebook




SUNY ORANGE
WELLNESS CENTER
Mind ~ Body ~ Spirit

Wellness Center & Wellness Initiative

Mission Statement

The mission of the SUNY Orange Wellness Center and Wellness Initiative is to promote a holistic approach to the physical, mental/emotional, intellectual and social well-being of students, employees, and the community.

This will be accomplished by:

- ♦ Providing education and guidance
- ♦ Delivering coordinated and comprehensive services
- ♦ Collaborating with community partners
- ♦ Conducting ongoing assessment of need
- ♦ Employing multiple marketing and communication strategies to promote offerings

Contact Information

Middletown

Wellness Center

Shepard Student Center - 2nd floor

341-4870

(8:30 a.m. to 4:30 p.m. Mon. - Fri.)

Safety and Security

341-4710 *Emergencies

Newburgh

Wellness Center

Kaplan Hall – Room 322

341-4870

(For hours of operation, call or visit the Wellness Center web site)

Safety and Security

341-9533 *Emergencies

Call 341-4870 to schedule an appointment for either campus

SUNY Orange Wellness Advisory Board

Michele Iannuzzi-Sucich, M.D.

*Assistant Professor of Biology, Academic Affairs Liaison
to the Newburgh Campus, Advisory Board Chair*

Lore Hannes, Ph.D.

Adjunct Faculty, BIT Member

Michael Gawronski, Ph.D.

Associate Vice President for Health Professions

Edward S. Leonard, PT, DPT, MPS

Academic Coordinator of Clinical Education - PTA Program

Darcie Miller, L.C.S.W.

OC Commissioner of Mental Health

Lori Charitable

Assistant Human Resources Officer

Sheila Stepp

Chair – Movement Science

Madeline Torres-Diaz

Assoc. VP, Student Engagement & Completion (ex officio)

Mark Parisi, Ph.D.

Director of Wellness Center (ex officio)

Representative

Wellness Center Nursing Staff

Representative

Orange County Department of Health

Student Representatives

Available Services

In a collaborative effort, multiple departments on campus will work together providing access to wellness programming and resources, including:

- ♦ Physical and mental health educational materials
- ♦ Organizing Annual Wellness Fair
- ♦ Conducting Annual Flu Clinic
- ♦ Suicide Prevention Information

The Wellness Center offers mental health support and referral services to enhance and facilitate the educational experience.

- ♦ Our Counselor and Mental Health Liaison are available to provide crisis intervention, assessment, support and referrals to students needing assistance adjusting to college life or experiencing mental health difficulties. This includes helping students to assess, identify and manage personal and mental health difficulties within the context of their academic experience, and connecting students to appropriate resources.
- ♦ Counselors can provide an assessment of mental health needs and assist students in accessing community resources to meet those needs.
- ♦ Referrals to community resources are available and will be made when requested or deemed necessary.
- ♦ To meet with a counselor, please call the Wellness Center at **845-341-4870** to schedule an appointment.

The Wellness Center offers health education and referral services.

- ♦ Nurses are available to provide health education and to help students access appropriate community resources to meet their health needs.
- ♦ To meet with a nurse, please come to the Wellness Center during the hours indicated on the web site or call **845-341-4870**.

Protocols

There are separate protocols for:

1. Health-Related Concerns

A. In the classroom

B. Outside the classroom

2. Personal Concerns (Emotional, Social, Academic & Mental)

3. Suicide Prevention (How to address suicidal thoughts or intent)

1. Health-Related Concerns

SUNY Orange recognizes the importance of health and wellness for our students and the entire campus community. In the event of a health-related concern on campus, the following guidelines have been established for health-related emergencies in the classroom as well as outside the classroom:

A. Health-Related Emergency in the Classroom (SUNY Orange Protocol)

⇒ In the event that a student has a health-related emergency during class, the instructor is responsible for determining if the severity of the event requires a 911 call.

- ◆ If the event appears to be life-threatening or if the individual is a danger to self or others, then call security and 911.

Security – Middletown: 341-4710

Security – Newburgh 341-9533 (for emergencies)

*** Note: If 911 is called then college security must also be notified of the 911 call in order to provide appropriate support (including directing the ambulance to the correct building and classroom).**

⇒ Procedure When Calling 911

- ◆ Stay calm & keep others calm
- ◆ Stay with the ill or injured individual
- ◆ Instruct one person to call 911
 - ◆ Tell the caller what to say, including exact location of the incident
 - ◆ Note: If the instructor is alone, call 911 then assist the individual

⇒ The instructor is ultimately responsible for the overall management of the situation, including determining if 911 should be called, until assistance arrives.

- ◆ The instructor is responsible for clearing the area to provide privacy and a safe environment.
 - ◆ Once assistance arrives, the instructor will be asked to provide a status report regarding the event.
- ⇒ If a student has disclosed a known medical condition to their instructor, the instructor should advise the student to notify the Wellness Center.
- ⇒ Be Prepared
- ◆ Know the location of red phones and AEDs (Automated External Defibrillators)

B. Health-Related Emergency Outside the Classroom (SUNY Orange Protocol)

- ⇒ The first SUNY Orange employee on the scene is responsible for:
- ◆ Determining if 911 should be called
 - ◆ Calling for additional help on the scene
 - ◆ Calling security if indicated
 - ◆ Clearing the area to provide privacy and a safe environment.
- ⇒ If the event appears to be life-threatening or if the individual is a danger to self or others, then call security and 911 immediately.

Security – Middletown: 341-4710

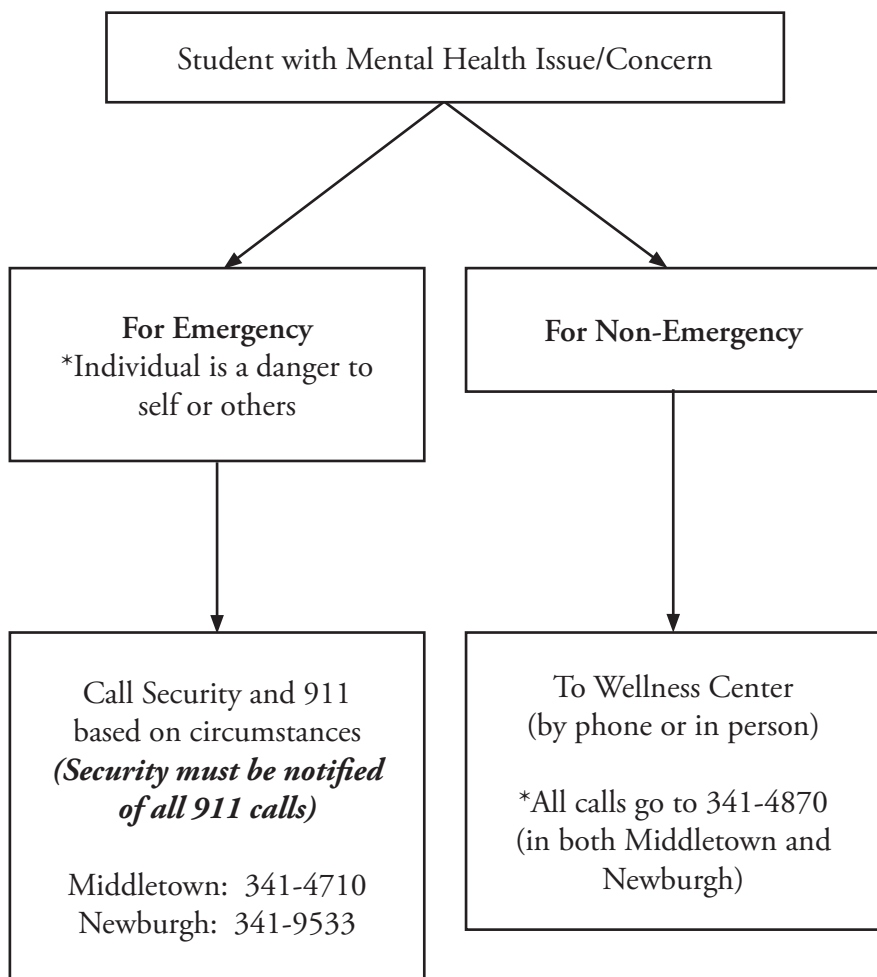
Security – Newburgh 341-9533 (for Emergencies)

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 - ◆ Instruct one person to call 911
 - ◆ Tell the caller what to say, including exact location of the incident
 - ◆ Note: If the employee is alone, call 911 then assist the individual
- ⇒ Once assistance arrives the first SUNY Orange employee on the scene will be asked to provide a status report regarding the event.

2. Emotional, Personal, College Adjustment & Mental Health Concerns

Mental Health Referral Procedure



Note: Disruptive student behaviors are NOT a Wellness issue and should be addressed through established procedures with reference to the Code of Conduct. If a situation warrants immediate attention then contact security.

3. Suicide Prevention (Addressing suicidal thoughts or intent)

SUNY Orange is committed to assisting the campus community in reducing the stigma of seeking help through counseling. The institution provides proactive training and resources promoting suicide prevention, including:

- ♦ Suicide Prevention Presentations
- ♦ Gatekeeper training
- ♦ Suicide Prevention and Awareness Days
- ♦ Non-clinical counseling services
- ♦ Connection to Community Mental Health Resources
- ♦ Online screening programs

A portion of these activities are made possible by the Garrett Lee Smith Memorial Act (GLSMA), the nation’s first suicide prevention bill which recognizes youth suicide as a public health crisis linked to underlying mental health problems.

Should you become aware of an individual with suicidal ideation, please refer to the protocol below so that the individual can be connected to a mental health professional.

Protocol to Address Suicidal Thoughts or Intent – Middletown and Newburgh Campuses

